

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, July 12, 2018

Location: Armed Forces Reserve Center
Middletown, CT

Present: Christina Allen (VA Hospital), Kate Ayotte (CCSU), Gabriella Bierwrith (CCSU), Kevin Borrup (CCMC), Heather Clinger (Wheeler Clinic), Robert Cubillo (NGBH), Ann Irr Dagle (Brian Dagle Foundation), Jaclyn Dougan (CHR), Laura Durst (IOL), Amy Evison (CHR), Katilin Foshay (CCPG), Jim Fox (CTARNG), Ebonie Goulbourne (Mercy Housing and Shelter), Karen Hensley (ABH), Archie Hunnicutt (Teamsters Local 1150/Sikorsky), Kelly Johnson (Rushford), Steve MacHattie (Mercy Housing and Shelter), Mike Makowski (DPH), Gretchen Marino (Advocacy Unlimited), Tim Marshall (DCF), Chris McCarty (CTARNG), Allyson Nadeau (Beacon Health Options), Scott Newgass (SDE), Amanda Pickett (SERC), Jonathan Pohl (CCSU), Jennifer Roberts (OCME), Valerie Sacco (NAMI-CT), Gregory Simpson (Beacon Health Options), Heather Spada (United Way CT), Tom Steen (Steen Consulting), John Torello (Judicial/CSSD), Arnold Trasente (DCF), Hope Ustanowski (CMHA; Healing with Hope, LLC), and LoriBeth Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Tim Marshall and Tom Steen welcomed the group and initiated introductions.	
II. Presentations <i>Client Relationships in Suicide Assessment and Treatment</i> Steve MacHattie Mercy Housing and Shelter	Steve MacHattie shared his personal story, client relationships in assessment and treatment and the value of hope as the cornerstone of recovery. Steve presented how suicidal behavior is seen from the viewpoint of the client and society; warning signs; restricting access to means; how to help someone who is suicidal; and the importance of a recovery plan. For a copy of the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/2018_07_12_CTSAB_Presentation1.pdf Mercy Housing and Shelter provides services for individuals and families who are homeless or at risk of becoming homeless. For more information, visit: www.mercyhousingct.org	
III. Review of Minutes and Follow Up	Minutes from the June meeting were accepted.	
IV. Updates	<u>Foundations</u> American Foundation for Suicide Prevention (AFSP) <ul style="list-style-type: none"> • There are seven AFSP walks scheduled in the fall in CT: 9/15 Niantic; 9/23 Woodstock; 9/29 Hartford area; 10/7 Hamden; 10/14 Bristol; 10/21 Brookfield; and 10/27 Westport. www.afsp.org • Working with United Way through GLS funding to provide young adult support group training. • “Talk Saves Lives: Firearms and Suicide Prevention” training will be held at the Brian Dagle Foundation in August. Other locations are being sought to host a training. 	

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	<p>Brian Dagle Foundation</p> <ul style="list-style-type: none"> • The golf tournament will be held July 22, 2018. • The annual suicide prevention forum will be held September 12 in East Lyme. More info to come. • Save the Date for the Jingle Bell 5K: December 8, 2018 <p><u>Committees</u></p> <p>Armed Forces-Community Health Promotion Council</p> <ul style="list-style-type: none"> • Meeting being held July 12 to review trends in the units. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • The “2016 Connecticut Behavioral Risk Factor Survey Selected Summary Tables” on the proportion of CT adults who reported they were aware of the “1 WORD, 1 VOICE, 1 LIFE” suicide prevention campaign was distributed to meeting attendees. https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/DPH_2016_CT_BRFSS_Selected_Summary_Tables.pdf <p>Hospital Reporting</p> <ul style="list-style-type: none"> • Kevin Borrup and Tim Marshall to meet to discuss the workgroup going forward. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • There is a CCSU student working with AFSP who is reviewing the packet distributed through the OCME. The student will be reaching out to funeral home directors. <p>Lethal Means</p> <ul style="list-style-type: none"> • Talk Saves Lives trainings are being scheduled. • The DOT wants to further study signage. • In the RFP for the Arrignoni Bridge, the awardee must consult with the CTSAB regarding barriers and signage. A representative from the engineering firm was at the last lethal means committee meeting. <p>Student Well-Being</p> <ul style="list-style-type: none"> • Pilot completed for the suicide prevention resource card for teachers. <p>Zero Suicide</p> <ul style="list-style-type: none"> • Resources for survivors and grief counselors as well as postvention procedures and how they align with the zero suicide framework were discussed at the July 12 meeting. • Tim Marshall reported that the call rate to the crisis line increased 30% after the two national high profile suicide deaths of Anthony Bourdain and Kate Spade. Wheeler Clinic had five active rescue calls within a week. 	

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	<p><u>Suicide-related Federal Grants</u> Garrett Lee Smith (GLS) Grant</p> <ul style="list-style-type: none"> A Save the Date for the September 13 “Symposium on Youth Mental Health Promotion and Suicide Prevention” was sent to the listserv. The symposium is focused on screening and assessment and connecting youth to services. Presenters will be Adam Lesser, Columbia Lighthouse Project, <i>Columbia-Suicide Severity Rating Scale (C-SSRS)</i>, and Barbara Stanley, Columbia University, <i>Brown and Stanley Safety Plan</i>. <p>Suicide Prevention Lifeline</p> <ul style="list-style-type: none"> N11 legislation is currently proposed to move to a three-digit lifeline. It has passed in the Senate. A preliminary feasibility study is being conducted to look at what three-digit number and the fiscal impact on the states. Andrea Duarte is currently in Washington, DC representing Connecticut for the Lifeline meeting. <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> No updates. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> Tim Marshall reminded board members to continue to encourage people to use the website www.preventsuicidedct.org to order 1 Word materials. Supplies have been reordered. Medication lockbags have been ordered as part of restricting access to means. 	
V. Member Updates	<p>Updates</p> <ul style="list-style-type: none"> Kevin Borrup reported that the Injury Prevention Center at CCMS is submitting an application to the CDC to be an Injury Control Research Center. The focus is on ACES, suicide prevention and child maltreatment. <p>The meeting adjourned at 10:46 am.</p>	
<p>VI. 2018 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>8/9: Dr. Maggie Davis, Yale Translational Brain Imaging Program, <i>Role of Neurotransmitters in Trauma Disorders, and Association with Suicidality</i></p> <p>*9/13 National Suicide Prevention Week Event (registration required)</p> <p>10/11: Dr. Jerry Sanacora, Yale School of Medicine, <i>Ketamine’s Effect on Suicidal Ideation</i></p> <p>11/8: Dr. Jeffrey Shelton, MidState Medical Center, <i>LGBTQ Persons and Suicide</i></p> <p>12/13: Dr. Rob Aseltine and Sara Wakai, UConn Health, <i>Workforce Studies on Suicide</i></p> <p>2019 Dates: 1/10, 2/14, 3/14, 4/11, 5/9, 6/13, 7/11, 8/8, 9/12(Nat’l SP Wk), 10/10, 11/14, 12/12</p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>