

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, June 14, 2018

Location: Armed Forces Reserve Center
Middletown, CT

Present: Kate Ayotte (CCSU), Lisa Barry (UConn Center on Aging), Gabriella Bierwirth (CCSU), Kevin Borrup (CCMC), Thomas Canny (Judicial/CSSD), Wendy Caruso (United Way CT 2-1-1), Heather Clinger (Wheeler Clinic), Ann Dagle (Brian Dagle Memorial Foundation), Riddhi Doshi (UCHC), Andrea Duarte (DMHAS), Amy Evison (CHR), Jim Fox (CTNG), Penny Geyer (OCME), Karen Hanley (CHR), Karen Hensley (ABH), Archie Hunnicutt (Teamsters Local 1150/Sikorsky), Celeste Jorge (DPH), Steve MacHattie (Mercy Housing and Shelter), Debra Macht (ECHN), Iris Maclean (Newport Academy), Mike Makowski (DPH), Gretchen Marino (Advocacy Unlimited), Tim Marshall (DCF), Art Mongillo (CCPG), Allyson Nadeau (Beacon Health Options), Scott Newgass (SDE), Arnaldo Perez (Coalition for New Britain's Youth), Simone Powell (CHR), Matt Riley (Jordan Porco Foundation), Valerie Sacco (NAMI-CT), Gregory Simpson (Beacon Health Options), Heather Spada (United Way CT), Tom Steen (Steen Consulting), Susan Tobenkin (CTNG), John Torello (Judicial Branch CSSD), Arnold Trasente (DCF), Faith Vos Winkel (Office of Child Advocate), Sara Wakai (UCHC), Abby Wood (United Way CT 2-1-1), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tim Marshall welcomed the group and initiated introductions. Tim indicated that beginning with the July meeting, there will be a Tri-Chair model with a foundation representative joining Andrea and Tim.	
II. Presentations <i>Applying the Zero Suicide Approach for Adjudicated Youth</i> John Torello Judicial Branch/CSSD	John Torello presented on the process used to apply the Zero Suicide approach in the Juvenile Detention System. The population in CT Juvenile Detention settings experience higher rates of trauma, substance abuse and DCF involvement. An organizational self-analysis was conducted and changes occurred relating to training, screening, processes, and procedures. The Shield of Care is used. This is a curriculum developed for Juvenile Justice facilities that teaches staff specific steps of effective suicide prevention: Seeing, Protecting, Listening, Assessing, Networking. The Columbia-Suicide Severity Rating Scale (C-SSRS) replaced the previous screening tool and each youth on suicide precautions gets a safety plan. To view the presentation: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/J_Torello_061418_PPT_2_.pdf	
III. Review of Minutes and Follow Up	Minutes from the April meeting were accepted.	
IV. Updates	<u>Foundations</u> American Foundation for Suicide Prevention (AFSP) <ul style="list-style-type: none"> • July 7, 2018 is the AFSP day at the Yard Goats game • Tom Steen and Ann Dagle attending the three-day National Advocacy Day on June 10-13 in Washington, DC. They met with two senators and five representatives. The key focus at 	

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	<p>the Capitol for advocacy is: 1) Bill 2345 to improve the National Suicide Prevention Lifeline to a three-digit number; 2) AFSP proposed \$150 million in suicide prevention research for FY 2019 consideration; 3) military/veteran suicide prevention; 4) AFSP encouraged six states to join the NVDRS; and 5) mental health parity.</p> <ul style="list-style-type: none"> • There are seven AFSP walks scheduled in the fall in CT: 9/15 Niantic; 9/23 Woodstock; 9/29 Hartford area; 10/7 Hamden; 10/14 Bristol; 10/21 Brookfield; and 10/27 Westport <p>The Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Continuing to see a demand for programming in high schools. The 15th pilot of the “4 What’s Next” high school program is complete. The foundation is currently exploring where else this program can be implemented; for example, Jewish Family Services and the Boys and Girls Clubs. <p>Brian T. Dagle Foundation</p> <ul style="list-style-type: none"> • The LAX 2 Live program was completed for the spring. The CT Lacrosse Officials Association presented an award to Paul Dagle. • The Center for Hope and Healing has seen an increase in their grief support programs. • Currently working on their September forum for suicide prevention month. <p><u>Committees</u></p> <p>Armed Forces-Community Health Promotion Council</p> <ul style="list-style-type: none"> • Military Fresh Check Day was held on May 20, 2018. • The family suicide prevention brochure will be updated. • Staff has been reaching out to units in response to recent deaths of members who have left the National Guard. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • The group will meet July 9, 2018, 10:00am at DPH for a presentation on the YRBS and Adult Risk Behavior survey. • The CDC released the June <i>Vital Signs</i> report. CDC researchers examined state-level trends in suicide rates from 1999-2016. https://www.cdc.gov/vitalsigns/ • Mike Makowski reported a new initiative at DPH on the adult side with violent death reporting information focusing on mental health; intimate partner relationship problems and substance abuse. <p>Hospital Reporting Workgroup</p> <ul style="list-style-type: none"> • Tim Marshall and Kevin Borrup will be meeting to discuss how the group will look going forward and report to the board. <p>Clinical Workgroup</p> <ul style="list-style-type: none"> • Orientation to C-SSRS and safety planning • Plan to create core competency curriculum model. 	

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	<ul style="list-style-type: none"> • The next meeting will be an orientation to AMSR. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • A quick meeting will be held after the CTSAB meeting. <p>Lethal Means</p> <ul style="list-style-type: none"> • Signage draft has been created for high access points. • An engineering company working on the Arrigoni Bridge has made contact to understand what they are supposed to be doing and why. • United Way is reaching out to court family relations to discuss collaboration. • AFSP and NSSF have released their packet. NSSF will send a list of CT retailers that have received the packet and then the CT letter will be mailed with the Talk Saves Lives trainings scheduled. <p>Student Wellbeing</p> <ul style="list-style-type: none"> • Tim Marshall will attend the School Mental Health Summit in Washington, DC. <p>Zero Suicide</p> <ul style="list-style-type: none"> • The Zero Suicide Academy held on May 2 and 3 at the Omni had eleven CT systems, one Rhode Island, and one DOC from NJ in attendance. The national faculty was pleased with how ready and focused the attendees were for the two days. <p>State Conference Planning</p> <ul style="list-style-type: none"> • The May 1 conference evaluations were positive overall. 80% of attendees said they were changing practices as a result of attending the conference. • There were 265 attendees. • The committee had a debrief meeting on June 13, 2018. <p><u>Suicide-related Federal Grants</u></p> <ul style="list-style-type: none"> • For the adult side for state mobile crisis services, Andrea Duarte reported that over the next year, DMHAS will be moving to a statewide call center and will fund Wheeler for this initiative. The National Suicide Prevention Lifeline will be embedded into the scope of work. • GLS: Five regional-based coalitions are being formed. An RFP has been released for school systems for suicide prevention, intervention and response within their systems. There is the potential to fund 20 systems \$20,000 over two years. On September 13, there will be a school mental health and suicide prevention symposium with Adam Lesser (C-SSRS) and Barbara Stanley (safety planning) presenting in the morning. More details and registration to be released at a later date. <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> • No new updates. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • http://www.gizmo4mentalhealth.org/ is active. 	

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	<ul style="list-style-type: none"> 9,000 copies of <i>Gizmo's Pawesome Guide to Mental Health</i> have been released since September. United Way is working on getting an International Standard Book Number (ISBN), which is a unique numeric commercial book identifier. 	
V. Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> Arnaldo Perez announced that the New Britain Partnership for Success Coalition won the “community coalition” category of the 2018 Connecticut National Prevention Week Video PSA contest with their video “Happy Endings Reaching Out” The video can be viewed at: https://youtu.be/A-jYxYuioY4 <p>The meeting adjourned at 11:00AM.</p>	
<p>VI. 2017 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>7/12: Steve MacHattie, Mercy Housing and Shelter, <i>Client Relationships in Suicide Assessment</i> 8/9: Dr. Maggie Davis, Yale Translational Brain Imaging Program, <i>Role of Neurotransmitters in Trauma Disorders, and Association with Suicidality</i> *9/13 National Suicide Prevention Week Event (registration required) 10/11: Dr. Jerry Sanacora, Yale School of Medicine, <i>Ketamine's Effect on Suicidal Ideation</i> 11/8: Dr. Jeffrey Shelton, MidState Medical Center, <i>LGBTQ Persons and Suicide</i> 12/13: Dr. Rob Aseltine and Sara Wakai, UConn Health, <i>Workforce Studies on Suicide</i></p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>