

VA Connecticut HealthCare

Suicide Prevention Team Offers the Following trainings...

Operation S.A.V.E.- You will obtain a general understanding of the scope of suicide within the United States. Learn how to identify a Veteran that may be at risk for suicide and acquire skills to know what to do when you identify a Veteran at risk. <http://www.sprc.org/bpr/section-III/operation-save-va-suicide-prevention-gatekeeper-training>

Recognizing and Responding to Suicide Risk (Primary Care)-You will learn why and how a routine suicide risk screening should and can be incorporated into routine medical visits. Learn how to effectively document a suicide risk assessment in a medical chart. www.suicidology.org

QPR stands for Question, Persuade, and Refer-Three simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying “Yes” to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour. www.qprinstitute.com

Risk Assessment - Suicide Risk Assessment is to assist clinicians in all areas to make an assessment and care decisions regarding patients who present with suicidal ideation or provide reason to believe that there is cause for concern. www.mentalhealth.va.gov/docs/Suicide_Risk_Assessment_Guide.doc

Safety Planning-Teaching patients adaptive skills to help them cope with a future suicidal crisis is necessary to keep them safe. A safety plan (Stanley & Brown, 2011) or a crisis plan should be developed collaboratively with each suicidal patient and updated as needed. www.mentalhealth.va.gov/docs/VA_Safety_planning_manual.doc

Nomenclature-The field of Suicidology has long struggled with the lack of a universally agreed upon definition for suicide and associated terms. Synonymous with the word suicide is the term self-directed violence. A shared understanding of self-directed violence (SDV) in its various forms is critical. The VA is adopting the Centers for Disease Control and Prevention (CDC)’s Self-Directed Violence Classification System (SDVCS). <http://www.mirecc.va.gov/visn19/education/nomenclature.asp>

TIP 50-Provides guidelines to help substance abuse treatment counselors work with suicidal adult clients. Covers risk factors and warning signs for suicide, core counselor competencies, clinical vignettes, and information for administrators and clinical supervisors. <http://www.sprc.org/training-institute/r2p-webinars/tip-50-addressing-suicidal-thoughts-and-behaviors-substance-abuse-tr>

Connect: Suicide Prevention (College Campus, Gatekeeper, Social Services) *Connect* Suicide Prevention/ Intervention Training increases the capacity of professionals and communities to prevent suicide across the lifespan. *Connect* uses a public health approach and incorporates key elements of the National Suicide Prevention Strategy. Applying a unique holistic model and offering a community planning component, *Connect* stands apart from other training programs. *Connect's* curriculum includes how to identify suicide warning signs and intervene with a person at risk. www.theconnectprogram.org

Connect: Suicide Postvention (Mental Health and Substance Abuse Providers, Veterans/Military) A suicide can have a devastating impact on a community or organization. The shock and grief can ripple throughout the community affecting friends, co-workers, schools, and faith communities. *Connect* postvention training helps

service providers respond in a coordinated and comprehensive way in the aftermath of a suicide or any sudden death. www.theconnectprogram.org

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Suicide Prevention is Everyone's Business. [#BeThere.](#)

