

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, June 8, 2017

Location: Armed Forces Reserve Center
Middletown, CT

Present: Jenifer Adams (K9 First Responders/ATD), Kevin Borrup (CCMC), Amy Evison (CHR), Andrea Iger Duarte (DMHAS), Penny Geyer (CTOCME), Laura Gubbins (Rushford), Karen Hanley (CHR), Nancy Hubbard (IOL/Hartford Hospital), Archie Hunnicutt (Teamsters Local 1150/Sikorsky), Tim Marshall (DCF), Amy Hanoian-Fontana (CT Poison Control Center), Walter Krauss (UConn Health Correctional Managed Health Care), Mike Makowski (DPH), Jessica Matyka (Rushford), Chris McCarthy (CTANG), Kim Moonan (DMHAS), Lucy Orellano (OCA), Gregory Simpson (Beacon Health Options), Tom Steen (CASAC), Kenyatta M. Thompson (UConn SSW), Meryl Tom (DPH), Trisha Vayda (Assn of School Nurses of CT), Faith Voswinkel (OCA), Loribeth W. Young (DSS), Steve Walsh (CASAC), Jennifer Sussman (UConn Health CPES).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME/ACTION /RESPONSIBLE
I. Welcome and Introductions	Andrea Duarte and Tim Marshall welcomed the group and initiated introductions	
II. Presentations <i>Poisoning Data: Implications for Prevention/Intervention</i> Amy Hanoian-Fontana, CT Poison Control Center	Amy Hanoian-Fontana of the CT Poison Control Center (CPCC) presented data on suicide attempts and deaths that the poison control call center has received over the last few years. The mission of the CPCC is to “protect the public health by providing toxicology-related patient care, information and education for the people of Connecticut and their health care providers.”	
III. Review of Minutes and Follow Up	Minutes from the May meeting were accepted.	
IV. Updates	<p><u>Foundations</u></p> <p>American Foundation for Suicide Prevention (AFSP)</p> <ul style="list-style-type: none"> • The Northern and Southern AFSP Chapter will merge before the end of the year. Presently, they are in the process of looking for a Director to head the new CT AFSP Chapter. • Tom Steen will attend the AFSP’s National Advocacy Day on Sunday, June 11, 2017. Part of the focus for this meeting will be on research. • The Connecticut Chapters have been working in the Lethal Means subcommittee to create the firearms brochure for the gun retailers. They will continue to finalize the brochure as it becomes available for distribution. <p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none"> • The Bright Music Festival was held on June 4, 2017. The event was held to promote mental wellness and suicide prevention, with a portion of the proceeds going to the 	

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	<p style="text-align: center;">Brian T. Dagle Foundation and the Jordan Porco Foundation.</p> <p>The Jordan Porco Foundation</p> <ul style="list-style-type: none"> • The Connecticut National Guard held a Fresh Check Day on May 21, 2017. The event was as success, and many members of the guard were in attendance. • Scooper Sunday will be held on July 30, 2017 at the Dunkin’ Donuts Park in Hartford. The event will feature a baseball game and all-you-can-eat ice cream. Proceeds will go to benefit the Foundation. • The Foundation will be supporting the Ride for Gage on September 10, 2017. The event will be held at the TSI Harley Davidson in Ellington. • In September, the Foundation will sponsor a Stand Up Against Stigma Comedy Show with Julian McCullough on September 18, 2017. <p>The Benny Fund</p> <ul style="list-style-type: none"> • In conjunction with CHR of Manchester, the Benny Fund will host a Signs of Suicide Train the Trainer event June 8 and June 9. <p><u>Committees</u></p> <p>Data and Surveillance</p> <ul style="list-style-type: none"> • In the previous meeting, Jennifer Sussman and Jane Ungemack, UConn Health CPES, presented on the interaction between substance abuse and suicide. • At the July meeting, Liz McOsker from the Jordan Porco Foundation will present research from her work with Rob Astletine from UConn Health on youth suicide and youth suicidal behaviors. <p>Lethal Means</p> <ul style="list-style-type: none"> • The next meeting will be held Tuesday, June 13, 2017 at United Way in Rocky Hill. The meeting will be open to all those who wish to attend. • The subcommittee has finalized the letter for firearm retailers. The CTSAB can co-promote this initiative along with AFSP, as they have created a special training of Talk Saves Lives specific to firearm users. • Next steps would hopefully be to engage firearm instructors in including suicide prevention training into their firearm instruction curriculum. • Training on AFSP’s Talk Saves Lives will be held in the future. <p>Zero Suicide</p> <ul style="list-style-type: none"> • The meeting this morning focused on postvention responses in the systems that were 	

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	<p>represented in the meeting. Additionally, the systems in attendance shared adopted Zero Suicide policies. Lastly, a Zero Suicide Toolkit from Tennessee was shared with the subcommittee.</p> <ul style="list-style-type: none"> • A webinar will be held today in the afternoon by the Suicide Prevention Resource Center, showcasing some of the Zero Suicide Grantees. • DMHAS is in the application process for the National Strategy for Suicide Prevention (NSSP) grant. This is a highly competitive grant (four awardees). If DMHAS receives the grant, it will focus predominately on the DMHAS system, and will fund a Zero Suicide Academy. • A grant was released by SAMHSA that encourages organizations to integrate the Zero Suicide approach into their systems. Organizations that are willing to commit to Zero Suicide are encouraged to apply. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • There has been a freeze on printing certain material due to the data being a few years old. Once we get the new data, Jeanette Baker from United Way will update the materials and make them ready for printing. • A repurchasing of the gas station and Doctor’s office ads is in the works for the “1 Word...” campaign. They have been a success in the past, so they will be repurchased to continue its success. • The “1 Word...” campaign has a full page ad in The Valley Book. Steve Walsh from the Valley Book spoke about the magazines origins and their connection to suicide prevention. • The website has seen a lot of traffic from schools within Connecticut, especially after the release of 13 Reasons Why. • Jen Adams will work with the board to create a campaign for elementary aged children featuring Gizmo, the therapy dog. • ASK ANDREA ABOUT THE 4 SCHOOLS SHE IS WORKING WITH. <p><u>National Suicide Prevention Week</u></p> <ul style="list-style-type: none"> • Tom Steen of CASAC has volunteered his time to do a QPR refresher course during the September meeting. 	
V. Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Rob Astletine of UConn Health has had a report he co-authored on suicide prevention efforts in the state picked up by the Associated Press (AP). The report by AP discussed youth suicide and suicide prevention efforts in the state, specifically focusing on high school aged students. Andrea Duarte has offered to send a letter to the State 	

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	<p>Department of Education informing them of the AP article.</p> <ul style="list-style-type: none"> • The Institute of Living will host a 13 Reasons Why talk next Monday. • The Carmichael Show recently aired an episode discussing suicide. Members of the board felt that the show did not handle the topic properly. <p>The meeting adjourned at 11:00 am.</p>	
<p>VI. 2017 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>7/13/17: Jonathan Pohl, Central Connecticut State University, <i>Campus GLS Grant</i> 8/10/17: MaryKay Wishneski, <i>Sandy Hook Promise Know the Signs Programs</i></p>	<p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>