

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, May 12, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Christina Allen (VA Hospital), Kate Ayotte (CCSU), Kevin Borrup (CCMC), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian T. Dagle Memorial Foundation), Andrea Duarte (DMHAS), Laura Durst (IOL), Amy Evison (CHR), Taylor Ford (CONNECT/AFCAMP), Jim Fox (CTARNG), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Jennifer Glick (DMHAS), Karen Hanley (CHR), Amy Hanoian Fontana (CT Poison Control Center), Latonya Harts (Newington VA), Nancy Hubbard (IOL), John Kissane (AFSP), Walter Krauss (UCHC Correctional Managed Health Care), Tim Marshall (DCF), Sarah Mucci (United Way 2-1-1), Allyson Nadeau (Beacon Health Options), Scott Newgass (State Dept of Ed.), Chinedu Okeke (DPH), Lucy Orellano (Office of Child Advocate), Sharon Pelkey (AFSP Southern CT Chapter), Jonathan Pohl (CCSU), Andrea Reischerl (DOC), Nydia Rios-Benitez (DMHAS), Tom Steen (CASAC), Susan Tobenkin (CTARNG), John Torello (CSSD), Heather White (AFSP Northern CT Chapter), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Tim Marshall and Andrea Duarte welcomed the group and initiated introductions.	
II Presentation Ann Dagle, CT AFSP and Deb Baird, NAMI NH <i>Survivorship Services</i>	<p>Ann Dagle's presentation focused on the loss and healing programs of the American Foundation for Suicide Prevention (AFSP). The mission of AFSP is to save lives and bring hope to those affected by suicide. AFSP engages in five core strategies: fund scientific research; offer educational programs for professionals; educate the public about mood disorders and suicide prevention; promote policies and legislation that impact suicide and prevention; and provide programs and resources for survivors of suicide loss and people at risk and involve them in the work of the Foundation. Of the donations received by AFSP, 85% go toward research and the core strategies.</p> <p>Loss and Healing Programs include:</p> <ul style="list-style-type: none"> • International Survivors of Suicide Loss Day • Memory Quilt <p>Support Resources</p> <ul style="list-style-type: none"> • Support Group Listing • Survivor Outreach Program • After a Suicide: A Toolkit for Schools <p>Trainings</p> <ul style="list-style-type: none"> • Support Group Facilitator Trainings • Suicide Bereavement Clinical Trainings <p>AFSP Loss and Healing Programs Presentation https://www.ctclearinghouse.org/Files/customer-files/2044-SurvivorsPresentation--Notes-.pdf</p>	<p>Northern CT Chapter of AFSP Tom Steen tsteen@casac.org</p> <p>Southern CT Chapter of AFSP Sharon Pelkey spelkey@afsp.org</p>

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<p>III Review of Minutes and Follow-Up</p>	<p>Deb Baird, Community Educator and Support Specialist, presented services offered by National Alliance on Mental Illness (NAMI) New Hampshire. NAMI NH helps to improve lives affected by mental illness through education, support, advocacy, and training. Programs and resources include:</p> <ul style="list-style-type: none"> • NAMI NH Survivor Voices Speakers Bureau • Military Voices Speakers Bureau to begin June 2016 • Survivor of Suicide Loss Support Groups • One on One Outreach • Medical Examiner’s Resource Packet • Three Memory Quilts • Annual Conference • Survivors of Suicide Loss Sub-Committee for the NH State Suicide Prevention Council <p>NAMI NH Presentation https://www.ctclearinghouse.org/Files/customer-files/2045-Debbie-Baird-NAMI-NH-SOSL-PPT-Presentation-2016.pdf</p> <p>Minutes of the April monthly meeting were accepted.</p>	
<p>IV Updates</p>	<p><u>Foundations</u> AFSP</p> <ul style="list-style-type: none"> • The northern chapter annual meeting is May 14, 2016. • There will be a pig roast June 11, 2016, 2:00pm, at the Pavilion on Crystal Lake in Middletown. It will be \$20 per person and bring your own beverages. There are only 100 tickets. For more information and to purchase tickets, visit: http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=4158 • Camp Kita, located in Rome, Maine, is for children ages 8 to 17 who have been directly affected by suicide. There is no cost for the camp; a \$50 deposit will be returned once the child enters the camp. The camp is August 16-21, 2016. www.campkita.com 	

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<p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none">• “Dirt” written and performed by John Morello is open to the public May 16, 2016, 6:30pm-8:00pm, East Lyme High School. It will be performed during the day for students. <p><u>Committees</u></p> <p>Zero Suicide</p> <ul style="list-style-type: none">• The committee met prior to the CTSAB meeting. The topic of the meeting was challenges around policies.• Andrea Duarte reported that at the national level, they are excited about what is occurring in CT with the zero suicide initiative. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none">• Meeting following CTSAB. <p>Student Wellbeing</p> <ul style="list-style-type: none">• Working to pilot the materials soon. <p>Armed Forces</p> <ul style="list-style-type: none">• Fresh Check Day is Sunday, May 22, 2016 at Camp Niantic• ASIST trainings are going well• There is a postvention training on May 25, 2016. <p>Suicide Prevention Conference Planning Workgroup</p> <ul style="list-style-type: none">• Tim Marshall indicated that a new committee would be formed to help plan a statewide suicide prevention conference. The following members signed up: <p>Tim Marshall, Andrea Duarte, Ann Irr Dagle, Christina Allen, Tom Steen, Heather White, Sharon Pelkey, Andrea Reischerl, Laura Durst, Nancy Hubbard, Marisa Giarnella-Porco, Karen Hanley, John Torello, Allyson Nadeau, and Heather Clinger</p> <p><u>Suicide-related Federal Grant Efforts</u></p> <p>SAMHSA Garrett Lee Smith (GLS) Grant</p> <ul style="list-style-type: none">• Andrea Duarte reported on the GLS Campus, State and Tribal Grantee meeting in Washington, DC. The themes included crisis intervention response, working more closely with block grants, and more support to the national lifeline. <p>CT DPH Block Grant</p> <ul style="list-style-type: none">• Chinedu Okeke reported that the contract for the awareness campaign is awaiting approval.	
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V Member Updates	<p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none">• Tim Marshall distributed a sheet from the United Way of Connecticut with 2015 web statistics for www.preventsuicidect.org• In 2015, there were 5, 576 total sessions; 4,625 total users, and 12,739 total page views. Users and page views were further broken down into months. Tim Marshall reported that the higher volume of web users in specific months (March, April, September and October) aligns with the peak times for mobile crisis.• To view the 2015 web statistics, visit: https://www.ctclearinghouse.org/Files/customer-files/2046-webstats2015.pdf <p><u>State Plan—State of CT Suicide Prevention Plan (PLAN-2020)</u></p> <ul style="list-style-type: none">• Andrea Duarte reported that there would be a meeting between DPH and UCHC the afternoon of May 12, 2016, regarding Goal 5 and the collection of surveillance data. <p>No member updates</p>	
VI 2016 Meeting Schedule	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>6/9/16: CT & National Violent Death Reporting System, Chinedu Okeke, CT DPH and 2015 CT School Health Survey/YRBS Results, Celeste Jorge, CT DPH 7/14/16: Take 5: Veteran Wellness, Frank Kuchinski 8/11/16: TBD 9/8/16: Suicide Prevention Month Programs 10/13/16: Mental Health and Suicide Prevention in School Based Health Centers, Meryl Tom, CT DPH and SBHC Representative 11/10/16: TBD 12/8/16: TBD</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>
Meetings are the second Thursday of the month, 9:00am—11:00am		
MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457		