

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, April 14, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Christina Allen (VA Hospital), Jason Bannon (CWA 1298), Kimberly Cerullo (Office of Child Advocate), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian T. Dagle Memorial Foundation), Andrea Duarte (DMHAS), Laura Durst (IOL), Amy Evison (CHR), Jim Fox (CTARNG), Penny Geyer (OCME), Patricia Graham (IOL), Karen Hanley (CHR), Amy Hanoian Fontana (CT Poison Control Center), Sarah Jones (St. Francis Hosp), John Kissane (AFSP), Tim Marshall (DCF), Sarah Mucci (United Way 2-1-1), Allyson Nadeau (Beacon Health Options), Chinedu Okeke (DPH), Matt Riley (Jordan Porco Foundation), Tom Steen (CASAC), Meryl Tom (DPH), Trisha Vayda (Assn School Nurses of CT), Faith Vos Winkel (Office of Child Advocate), and Sara Wakai (UCHC)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Tim Marshall welcomed the group and initiated introductions.	
II Presentation Ann Dagle The Brian T. Dagle Memorial Foundation <i>Myths of Grief and Loss</i>	<p>Ann Dagle’s son Brian, a 19 year-old college student, died by suicide in November 2011. The Brian T. Dagle Memorial Foundation was founded approximately one-and-a-half years ago. The mission of the Foundation is to promote hope and healing for people who are grieving the loss of someone special or struggling with the challenges of life by providing support services, education, and resources to nurture both their physical and emotional needs in southeastern Connecticut. In addition to grief support, the Foundation strives to educate people on suicide prevention and promote awareness of suicide risk factors and warning signs (brianshealinghearts.org). The Foundation hopes to open a Healing Center for Loss in southeastern Connecticut in the near future.</p> <p>Ann presented the five ways people experience grief (physically, emotionally, spiritually, cognitively, and socially), common misconceptions about grief and understanding the needs of mourning. She indicated that survivors of suicide loss often face unique challenges and provided information to help survivors of suicide.</p> <p>Myths of Grief and Loss Presentation https://www.ctclearinghouse.org/Files/customer-files/1998-CTSAB-PPT-2016-04-14.pdf</p>	
III Review of Minutes and Follow-Up	Minutes of the March monthly meeting were accepted.	

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IV Updates	<p><u>Foundations</u></p> <p>AFSP</p> <ul style="list-style-type: none">• Tom Steen reported that both the northern and southern chapters completed their business plans for next year. AFSP has hired someone who will be working with the southern chapter; both chapters now have someone from AFSP.• The northern chapter annual meeting is May 14, 2016.• There will be a pig roast June 11, 2016, 2:00pm, at Falcon’s Pavilion in Middletown. It will be \$20 per person and bring your own beverages. There are only 100 tickets. For more information and to purchase tickets, visit: http://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=4158• There is funding available to offer YMHFA, MHFA, QPR and ASIST trainings. An application would have to be completed. For more information, contact Tom Steen at tsteen@casac.org Note: these are not train-the-trainer trainings.• John Kissane will be attending the AFSP Advocacy Forum in Washington, DC in June <p>Jordan Porco Foundation</p> <ul style="list-style-type: none">• Andrea Duarte reported that the gala was well attended with just under 1100 people. Senator Murphy spoke and UCONN won the award for Fresh Check Day.• The calendar of Fresh Check Days is listed at www.freshcheckday.com <p><u>Committees</u></p> <p>Zero Suicide/Workforce Committee</p> <ul style="list-style-type: none">• Andrea Duarte indicated that attendance at the committee meeting has waned a bit and there is consistent interest with the committee listserv.• CT is part of a community of practice on the national level with 15 other states.• IOL and CHR are actively implementing the zero suicide approach. Karen Hanley reported since rolling out the zero suicide initiative at CHR, there has been a philosophical change, more awareness of signs and what the agency can do to be aware of risks.• Andrea Duarte informed the board that the results of the survey created by graduate student Amanda Johnson on clinicians’ attitudes toward suicide prevention will be shared with CTSAB in the future. There is a need for peer to peer support among clinicians. Tim Marshall reported that graduate programs are not mandated to have suicide education in the curriculum.	
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	<p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> • Tom Steen reported that there is another supply of folders available for the Office of the Chief Medical Examiner (OCME) and Regional Action Councils (RACs). Packets are given to funeral homes when they pick up a body from the OCME. • Faith Vos Winkel wondered if there was a way to reach out to the Funeral Home Director Association to find out if the folders are being given to families and if they are helpful. <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> • Tim Marshall indicated that a meeting will be scheduled. <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> • A series of ASIST trainings have been scheduled. For more information: https://www.ctclearinghouse.org/Files/customer-files/1926-2016-CTARNG-ASIST-Trainings.pdf • Military Fresh Check Day is May 22, 2016, at Camp Niantic. Volunteers are needed and can contact emilybetts@rememberingjordan.org <p><u>Suicide-related Federal Grant Efforts</u></p> <p>SAMHSA</p> <ul style="list-style-type: none"> • Andrea Duarte reported that the GLS contracts are rolling out and adjustments are being made to the United Way budget. • NIH grant notification should be in June. <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> • Tim Marshall and Andrea Duarte reported that layoffs have been occurring throughout state agencies. In some cases staff are being reassigned when programs are closed. The Military Support Program and DMHAS Education and Training will be eliminated, and hours are being reduced for adult mobile crisis in some locations. • Tom Steen reported that Regional Action Councils (RACs) and mental health boards may be impacted by budget reductions. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • Tim Marshall indicated that the basic materials will be produced for next year. 	
V Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Tom Steen reported that he is considering planning a QPR TOT out of CASAC in response to several individuals who have contacted him regarding the need for a TOT; cost may be a concern as it is \$495 per person. Andrea Duarte indicated there is money within the GLS grant for training and there could be further discussion. • Tim Marshall mentioned that CTSAB may be close to forming a conference workgroup. Stay tuned for further information. 	

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<p>VI 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>5/12/16: AFSP and NAMI NH Survivorship Services 6/9/16: CT & National Violent Death Reporting System, Chinedu Okeke, CT DPH and 2015 CT School Health Survey/YRBS Results, Celeste Jorge, CT DPH 7/14/16: Take 5: Veteran Wellness, Frank Kuchinski 8/11/16: TBD 9/8/16: Suicide Prevention Month Programs 10/13/16: Mental Health and Suicide Prevention in School Based Health Centers, Meryl Tom, CT DPH and SBHC Representative 11/10/16: TBD 12/8/16: TBD</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>
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