AGENDA

I. Welcome & Introductions

II. Presentation:

- Megan Simonian and Victoria Ballet, Students of Farmington High School and Chris Brennan, Instructor at JEKL, Plainville, *Suicide Prevention Fitness Fundraiser Focused on Fostering Mental, Emotional and Physical Empowerment.*

- Brad Cole and Spartacus, and Jennifer Adams and Gizmo (1 WORD Mascot), K9 First Responders, *Psychological Trauma Stress Management*

III. Review of Minutes and Follow-up

IV. Updates

- Foundations
- Committees
  - Armed Forces-Community Health Promotion Council
  - Data and Surveillance
  - Intervention-Postvention Response
  - Lethal Means
  - Student Wellbeing
  - Zero Suicide
- Suicide-related Federal Grants- updates and new NSSP application
- Legislative/Budget Updates: LOB Hall week of 4/3; AFSP Advocacy Day 4/5
- Awareness Campaign/Website- new products and materials
- State Plans- PLAN 2020 and SHIP coordination
- National Prevention Week- Regional events; Conference 5/15; Suicide Prev Day 5/19

V. Member Updates

VI. 2017 Meeting Schedule: Meetings are held monthly the second Thursday from 9-11 AM at the Armed Forces Reserve Center, 375 Smith St., Middletown, CT.

**Dates/Presentations:**

- 4/13/17: Catherine Ewing, LCSW, MDIV, Transformational Life Coach, *Healing from Trauma and Loss*
- 5/11/17: Chief Marc Montminy, Manchester Police Department, *Manchester HOPE Initiative (Heroin/Opioid Prevention and Education)*
- 6/8/17: TBD
- 7/13/17: Jonathan Pohl, *Central CT State University, Campus GLS Grant*
- 8/10/17: MaryKay Wishneski, *Sandy Hook Promise Know the Signs Programs*
- 9/14 (Nat’l Suicide Prevention Week), 10/12, 11/9, 12/14: Topics TBD