

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, July 9, 2015

**Location:** Armed Forces Reserve Center,  
Middletown, CT

**Present:** Christina Allen (VA Hospital), MAJ Javier Alvarado (CT ARNG), Heather Clinger (Wheeler Clinic), Kathleen Costello (Office of the Child Advocate), Dave Denino (Higher Ed Mental Health Consultant), Andrea Duarte (DMHAS), Michael Dutko (CTARNG), Barbara Fasulo (St. Francis Hospital), Jim Fox (CTARNG), Penny Geyer (Office of Chief Medical Examiner), Marisa Giarnella Porco (Jordan Porco Foundation), Jennifer Glick (DMHAS), Patricia Graham (IOL), Nancy Hubbard (IOL), Amanda Johnson (UConn School of Public Health), Amanda Johnston (SERC), John Kissane (AFSP), Walter Krauss (UCHC), Stephanie Landry (Army National Guard), SSgt Zach Laskey (CTANG; CASAC), Mark Lawless (West Haven VA), Tim Marshall (DCF), Allyson Nadeau (Value Options), Chinedu Okeke (DPH), Alexandria Pizzola (Northwest CT AHEC), Jonathan Pohl (CCSU), Andrea Reischerl (DOC), Tom Steen (CASAC), Meryl Tom (DPH), Faith Vos Winkel (Office of Child Advocate), and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Tim Marshall welcomed the group and initiated introductions.	
II CTSAB Mission and Vision Revision and Strategic Planning Discussion	Tom Steen discussed the mission and vision with regard to the State of CT Suicide Prevention Plan 2020 (PLAN-2020). Ideas to update the vision and mission were brainstormed in order to ensure they are relevant today and align with the overall purpose and function of the CTSAB with regard to the PLAN-2020. Suggestions for updated vision and mission statements were collected and will be used for further discussion.	<p>Presentation by Tom Steen:  <a href="http://www.ctclearinghouse.org/files/customer-files/1528-CTSAB-Presentation-Mission-and-Vision-2015-07-09.pdf">http://www.ctclearinghouse.org/files/customer-files/1528-CTSAB-Presentation-Mission-and-Vision-2015-07-09.pdf</a></p> <p>Suggestions for vision and mission:  <a href="http://www.ctclearinghouse.org/files/customer-files/1529-CTSAB-mission-and-vision-draft-statements-2015-07-09.pdf">http://www.ctclearinghouse.org/files/customer-files/1529-CTSAB-mission-and-vision-draft-statements-2015-07-09.pdf</a></p>
III Review of Minutes and Follow-Up	<p>Minutes of the May monthly meeting were accepted.</p> <p>Minutes of the June Annual Meeting were accepted.</p>	

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IV Updates	<p><b><u>Foundations</u></b>            AFSP Congressional Visits, Washington, DC</p> <ul style="list-style-type: none"> <li>• John Kissane and Tom Steen went to Washington, DC for AFSP's 2015 Advocacy Forum. They met with Connecticut legislators and gave them a copy of the PLAN-2020. They advocated for increased support and funding for suicide prevention. It was noted that although suicide rates are increasing, suicide has less federal funding than other physical illnesses whose rates have gone decreased. John and Tom discussed the CT Fact Sheet from AFSP, supporting the National Violent Death Reporting System and supporting the reauthorization of the GLS Memorial Act.</li> </ul> <p>Out of the Darkness Walk, Boston</p> <ul style="list-style-type: none"> <li>• Marisa Giarnella-Porco shared that she and Ann Irr Dagle, along with 1800 other individuals, participated in the walk, which raised \$3 million. The walk was reduced to 14 miles due to the weather.</li> </ul> <p>Hartford area walk</p> <ul style="list-style-type: none"> <li>• October 17, Great River Park, East Hartford</li> </ul> <p><b><u>Committees</u></b>            Zero Suicide/Workforce Committee</p> <ul style="list-style-type: none"> <li>• Nancy Hubbard discussed the Zero Suicide Academy. Four staff from the Institute of Living and Andrea Duarte attended the two-day intense training in Baltimore. There are many components to bring about a culture change in healthcare systems. They have a 90-day plan in place. A formal presentation will be presented at a future meeting to discuss this initiative in greater detail. Andrea Duarte indicated that zero suicide aligns with state goal #3.</li> </ul> <p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> <li>• Meeting after CTSAB.</li> <li>• Tim Marshall showed members two versions of a 1 Word 1 Life folder—one is for families and one is for special events. Materials are being produced for inside the folders for families. Penny Geyer reported that the letter from the Chief Medical Examiner will be addressed to specific next of kin.</li> <li>• Faith Vos Winkel noted the concerning link between suicide and homicide in reference to recent happenings in CT.</li> </ul> <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> <li>• There is no meeting after CTSAB. Amanda Johnston will send out an email to members of the committee.</li> </ul> <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> <li>• Major Alvarado discussed a meeting with ERT to pilot the automated Columbia Suicide Severity Rating Scale (C-SSRS) via an app with the CT Army National Guard.</li> <li>• Major General Graham will be speaking at an event at the Armed Forces Reserve Center in September. More information to follow.</li> </ul>	<p>AFSP CT Fact Sheet:  <a href="http://www.ctclearinghouse.org/files/customer-files/1530-AFSP-CT-info-2015-07-09.pdf">http://www.ctclearinghouse.org/files/customer-files/1530-AFSP-CT-info-2015-07-09.pdf</a></p>

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	<p><b><u>Suicide-related Federal Grant Efforts</u></b></p> <ul style="list-style-type: none"> <li>• The GLS grant application is currently pending</li> <li>• Andrea Duarte and Tim Marshall discussed a behavioral healthcare grant based on a value-based system for outpatient reimbursement. It will be a combined effort among DSS, DCF and DMHAS. DSS will submit the grant.</li> </ul> <p><b><u>Awareness Campaign/Website</u></b></p> <ul style="list-style-type: none"> <li>• Tim Marshall reported that UCONN media was purchased. Stay tuned for more information.</li> </ul>	
V Member Updates	<p><b><u>Member Updates</u></b></p> <ul style="list-style-type: none"> <li>• Major Alvarado thanked everyone who helped at the Military Fresh Check Day.</li> <li>• Marisa Giarnella-Porco reported that The Jordan Porco Foundation is piloting their high school program “What’s Next” at Capitol Prep, Windham High School, and East Catholic High school.</li> <li>• Faith Vos Winkel discussed the new program implemented at MIT, which is “Tell me about your day” wristbands.</li> </ul>	
<p>VI 2015 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p><b>8/13/15:</b> Judy Murray, R.N., Mental Health Advocate, Founder D.A.N. Dignity and Advocacy Network, Hearing Voices Network Facilitator, and by Claire Bien, M.Ed. Associate Director of Communications at The Connection. President, NAMI Elm City; Voice Hearer, Hearing Voices Network Facilitator and survivor</p> <p><b><i>SEPTEMBER IS NATIONAL SUICIDE PREVENTION MONTH EVENTS</i></b></p> <p><b>9/8/15:</b> Major General Mark Graham (Ret.) and Carol Graham, Overcoming Stigma: Preventing Suicide in the Military, and PLAN 2020 Release <i>Registration Required</i> <a href="mailto:luigina.t.facchini.mil@mail.mil">luigina.t.facchini.mil@mail.mil</a></p> <p><b>9/10/15:</b> World Suicide Prevention Day, Institute of Living Program with Victor Schwartz, MD, Jed Foundation, Hartford Hospital- <i>Registration Required</i> <a href="http://bit.ly/1LQJTxp">http://bit.ly/1LQJTxp</a></p> <p><b>10/8/15:</b> Nancy Hubbard and Patricia Graham, Institute of Living, Implementing the Zero Suicide Approach</p> <p><b>11/12/15:</b> Helen Evrard, MD, Depression and Suicide: One Physician's Lived Experience</p> <p><b>12/10/15:</b> Gabriel Lomas, WestConn, CT Regional Crisis Team-Response with School Systems</p>	