

Symposium on Youth Mental Health Promotion & Suicide Prevention



Keynote Speakers:

- ◆ Barbara Stanley, Ph.D., Columbia University, *Brown and Stanley Safety Plan*
- ◆ Adam Lesser, LCSW, Columbia Lighthouse Project, *Columbia Suicide Severity Rating Scale (C-SSRS)*

Who Should Attend: Youth-Serving Agencies/Programs, Schools, Health and Behavioral Health Care Providers, and First Responders

When: Thursday, September 13, 2018 from 8:30 AM to 12:00 PM. Continental breakfast will be provided.

Where: Red Lion Hotel, 100 Berlin Road, Cromwell, CT

Space is limited. Registration required: www.ctclearinghouse.org/registration

Objectives:

- 1) Review key role in mental health promotion and suicide prevention through the early identification, referral, connections to care, and follow-up of youth.
- 2) Share data on youth mental health and suicide and CT-based resources.
- 3) Introduce best practice tools for the screening and assessment of suicide risk, safety planning and counseling access to lethal means.
- 4) Promote mental health wellness and literacy, self-help, peer to peer support, and well-prepared trusted adults.

This Symposium is hosted by the CT Suicide Advisory Board in partnership with the CT Networks of Care for Suicide Prevention Grant (SM062916), administered by the CT Departments of Mental Health and Addiction Services, Children and Families and Public Health, and funded by the federal Substance Abuse and Mental Health Services Administration.