

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, April 13, 2017

Location: Armed Forces Reserve Center
Middletown, CT

Present: Jenifer Adams (Paws for Friendship/K9 First Responders), Heather Clinger (Wheeler Clinic), Ann Irr Dagle (Brian Dagle Memorial Foundation), Andrea Duarte (DMHAS), Mike Dutko (CTARNG), Catherine Ewing, Jim Fox (CTARNG), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Maggie Goodwin (NASW CT), Patricia Graham (IOL), Sandra Gomez-Luna (DMHAS), Laura Gubbins (Rushford), Karen Hanley (CHR), Nancy Hubbard (IOL), Archie Hunnicutt (Teamsters Local 1150/Sikorsky), Walter Krauss (UCHC Correctional Managed Health Care), Mark Lawless (West Haven VA), Stephanie Luczak (Office of Child Advocate), Meagan MacGregor (CTARNG), Chris McCarty (CTARNG), Liz McOsker (Jordan Porco Foundation), Cecilia Miller (SAVE Hartford), Kim Moonan (DMHAS), Judy Murray (D.A.N.), Simone Powell (CHR), Nydia Rios-Benitez (DMHAS), Megan Rock (Office of Child Advocate), Heather Spada (United Way CT), Tom Steen (CASAC), Kenyatta Thompson (UCONN SSW), Susan Tobenkin (CTARNG), Shebrieka Warburton (CHR), and LoriBeth Young (DSS)

| AGENDA ITEM/TOPIC | SUMMARY OF DISCUSSION | OUTCOME/ACTION /RESPONSIBLE |
|---|--|-----------------------------|
| I. Welcome and Introductions | Andrea Duarte and Tom Steen welcomed the group and initiated introductions | |
| II. Presentations <i>Healing from Trauma and Loss</i> Catherine Ewing, LCSW, MDiv, Transformational Life Coach | Catherine Ewing, LCSW, MDiv, presented on different techniques she uses with clients to help them heal from trauma and loss. Her therapeutic style combines elements of CBT, DBT and EFT, along with therapy through sound, vibration and essential oils. To view the presentation, visit: https://www.ctclearinghouse.org/Customer-Content/www/files/PDFs/Reducing_Impact_of_Trauma_and_Loss_Through_Mind_Body_Spirit.pdf | |
| III. Review of Minutes and Follow Up | Minutes from the March meeting were accepted. | |
| IV. Updates | <u>Foundations</u> The Jordan Porco Foundation <ul style="list-style-type: none"> • Currently, there are 90 colleges in 30 states with Fresh Check Days. • The Connecticut National Guard will be hosting a Fresh Check Day on May 21, 2017. Brian T. Dagle Memorial Foundation <ul style="list-style-type: none"> • The Lax2Live suicide awareness program for lacrosse players is expanding; there will be three games in East Lyme, Waterford, and Ledyard. There will be raffle prizes to encourage more participation. | |

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| | <ul style="list-style-type: none"> • The New England Black Wolves will be having a game on April 29, 2017, where a percentage of the ticket sales from the game will benefit the Foundation. Additionally, the Foundation will attend and have a booth set up. <p>SAVE-Hartford</p> <ul style="list-style-type: none"> • The Hartford charter will be holding their Emotions in Motion walk May 7, 2017 at Wickham Park. <p>American Foundation for Suicide Prevention (AFSP)</p> <ul style="list-style-type: none"> • The Northern and Southern Chapter have begun the process to merge the two chapters; it will take a year. Sharon Pelkey will be the area director for all of Connecticut. • Advocacy Day was held on Wednesday, April 5, 2017. Attendees had the opportunity to meet with state representatives and their legislative aides. • The Southern Chapter will hold a 5k on May 20, 2017 in Bridgewater. • Out of the Darkness Walks have been expanding; Wethersfield High School will be holding a walk this year. • There will be a safeTALK training of trainers the end of April. <p>D.A.N</p> <ul style="list-style-type: none"> • Healing Voices will be screened at Yale’s Harkness Hall • More information to come regarding a fundraiser in September <p><u>Committees</u></p> <p>Armed Forces Community Health Promotion Council</p> <ul style="list-style-type: none"> • The quarterly meeting with the Chief of Staff was held last week. • The CTARNG will hold a Fresh Check Day May 21, 2017. <p>Data and Surveillance</p> <ul style="list-style-type: none"> • Celeste Jorge from the Department of Public Health is currently finishing up the Youth Risk Behavior Survey (YRBS). • The subcommittee spoke with Dr. Jane Ungemack from UConn Health Center about the types of information that should be included in the Open Data Portal for CT. <p>Intervention-Postvention Response</p> <ul style="list-style-type: none"> • Presently still connecting with the Funeral Homes to get as many survivor kits out as possible. • There will not be a meeting held today. | |

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| | <p>Lethal Means</p> <ul style="list-style-type: none"> • The subcommittee has put together materials for firearm retailers. The National Shooting Sports Foundation (NSSF) reviewed them and has allowed the CTSAB to use their logo on the material. All materials will be co-branded with the CTSAB and the NSSF logos. • AFSP National has approved a nationwide communication plan with NSSF. The letter being sent to CT retailers has to include what is being done with AFSP. • AFSP has come up with safety trainings for firearm retailers. • There will be a coordinated roll out between AFSP and CT with a prevention message. <p>Zero Suicide</p> <ul style="list-style-type: none"> • The subcommittee recognized the importance of lethal means restriction around poisoning. • The Learning Community is growing with a total of 20 systems are involved, and 14 have adopted C-SSRS and/or ZS in their systems. <p>Student Well-Being</p> <ul style="list-style-type: none"> • Celeste Jorge is running into some issues getting communities for the YRBS. If you have any connections that can help this effort, let her know. <p><u>Suicide-related Federal Grants</u></p> <ul style="list-style-type: none"> • DMHAS is in the application process for the National Strategy for Suicide Prevention (NSSP) grant. This is a highly competitive grant (four awardees). If DMHAS receives the grant, it will focus predominately on the DMHAS system. • National Suicide Prevention Lifeline: Block grant money has been allocated to NSPL for United Way and Wheeler Clinic with DPH, DMHAS, and DCF contributing. 99% of calls that originate in CT are answered by providers with United Way or Wheeler Clinic; 75% are served, 25% are abandoned. Need to track capacity and figure out ways to decrease phone call abandonment rates when individuals use the hotline. <p><u>Legislative/Budget Updates</u></p> <ul style="list-style-type: none"> • During the first two weeks of April, the 1 Word campaign images are displayed in the LOB hallway. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • Distinctive Directions in Glastonbury has a full page “1 Word...” ad. | |

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| | <ul style="list-style-type: none"> • New awareness campaign materials have been ordered (bracelets, lapel pins, patches, hats). • A new banner is being created to hang on the AETNA garage during suicide prevention week in September. <p><u>National Suicide Prevention Week</u></p> <ul style="list-style-type: none"> • May 15, 2017 is the Connecticut National Prevention Week Conference. • RACs will providing QPR trainings during the week. | |
| <p>V. Member Updates</p> | <p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Heather Clinger will be a co-presenter for a pre-conference (4/26) and conference workshop (4/27) on statewide college suicide prevention partnerships. • at the American Association of Suicidology Conference Andrea Duarte reported that there will be a Zero Suicide panel (4/29) presented by Connecticut at the AAS Conference • On April 29, First Cathedral Church will host QPR trainings for their congregation. • On April 29, Norwich Prevention Council will hold a walk for suicide awareness and prevention. Ann Dagle will host a CTSAB table. • Jen Adams, Gizmo’s owner, is offered her services to CTSAB members. They are available to support events, meetings and conferences. She can be reached at 860-966-9297. • A Narcan Train the Trainer event will be held at CASAC on May 31, 2017. If interested, contact Wende at wcooper@casac.org or 860-286-9333. • CHR’s mobile crisis team will facilitate a suicide assessment and mental health screening on April 20, 2017 at Manchester Community College. <p>The meeting adjourned at 10:53 am.</p> | |
| <p>VI. 2017 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p> | <p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>5/11/17: Chief Marc Montminy, Manchester Police Department, <i>Manchester HOPE Initiative (Heroin/Opioid Prevention and Education)</i></p> <p>6/8/17: TBD</p> <p>7/13/17: Jonathan Pohl, Central Connecticut State University, <i>Campus GLS Grant</i></p> <p>8/10/17: MaryKay Wishneski, <i>Sandy Hook Promise Know the Signs Programs</i></p> | <p>In the event of inclement weather, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p> |

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