

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, November 13, 2014

**Location:** Armed Forces Reserve Center,  
Middletown, CT

**Present:** Rosemary Baggish (Institute of Living), Emily Betts (JMPF intern), Heather Clinger (Wheeler Clinic), Kathleen Costello (Office of the Child Advocate intern), Ann Irr Dagle (Brian Dagle Memorial Foundation), Jennifer Donnelly (DMHAS intern), Andrea Duarte (DMHAS), Michael Dutko (CT Army National Guard), Helen Evrard, MD, (Wordifference), Penny Geyer (Office of the Chief Medical Examiner), Jennifer Glick (DMHAS), Patricia Graham (Institute of Living), Holly Hinds (Parent), Mui Mui Hin-McCormick (APAAC), Nancy Hubbard (Institute of Living), Celeste Jorge (DPH), Tom Kocienda (DOC), Tim Marshall (DCF), Rich Monterosso (Enfield Public Schools), Judy Murray (D.A.N. Don't Accept No), Chinedu OKeke, MD (DPH), Jonathan Pohl (CCSU), Brian Reignier (RUS/DMHAS), Paula Rego (Institute of Living), Andrea Reischerl (DOC), Matt Riley (JMPMF), Margaret Rosa (CCADV), Tom Steen (CASAC), Susan Tobenkin (CT Army National Guard), Faith VosWinkel (Office of the Child Advocate), and Cheryl Weinstock (Freelance Journalist)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<b>I. Welcome and Introductions</b>	Tim and Andrea welcomed the group and initiated introductions.	
<b>II. Presentation:</b>  Rosemary C. Baggish, Institute of Living  Suicidal Behaviors and Attempts Reported By Adolescents in Independent Schools	The Independent School Health Check (ISHC) was created for independent school high school students. The 100+ question, on-line survey addresses academics, school climate, parental engagement, social life, and help seeking behaviors.  The survey was administered to 8,407 students in 18 schools. The data was coded to define multiple variable analyses on suicidal thoughts, plans, and attempts.  The strongest predictor was family engagement. Differences were assessed between the ISHC and the YRBS. The surveys had similar predictors and factors.  Links to the Power Point Presentation and the Independent School Health Check Brochure are available for additional information.	Power Point Presentation: <a href="http://www.ctclearinghouse.org/files/customer-files/1221-Baggish-IOL-Independent-School-PPT-111314.pdf">http://www.ctclearinghouse.org/files/customer-files/1221-Baggish-IOL-Independent-School-PPT-111314.pdf</a>  The Independent School Health Check Brochure <a href="http://www.ctclearinghouse.org/files/customer-files/1222-Independent-School-Health-Check-IOL-Brochure.pdf">http://www.ctclearinghouse.org/files/customer-files/1222-Independent-School-Health-Check-IOL-Brochure.pdf</a>
<b>III. Review of October Minutes and Follow-up</b>	October minutes accepted.	

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<p><b>IV. Updates regarding priority areas &amp; sub-committees</b></p>	<p><b><u>Awareness Campaign/Website:</u></b>            UCONN Package</p> <ul style="list-style-type: none"> <li>• Tim Marshall reminded the board that there are opportunities for CTSAB to have a tent and give out literature outside of the football stadium. The full-page suicide prevention advertisements for UCONN home athletic events will continue for the entire school year in UConn materials disseminated at football and basketball games.</li> </ul> <p>One Word One Voice Campaign</p> <ul style="list-style-type: none"> <li>• Andrea Duarte encouraged board members to look for and take pictures of the One Word One Voice campaign. Pictures of the campaign are being collected.</li> </ul> <p>Campaign Evaluation</p> <ul style="list-style-type: none"> <li>• No update</li> </ul> <p><b><u>Statewide Network</u></b>            Northern CT AFSP Update</p> <ul style="list-style-type: none"> <li>• Tom Steen announced that the new Northern Chapter of the American Foundation for Suicide Prevention is looking for members to join the board. Currently, they are building the chapter plan, building resources, and focusing on training. The primary focus is training and support. Half of the money raised goes to the chapter.</li> <li>• The International Survivors of Suicide Loss Day is taking place through the Northern CT AFSP Chapter at the Capital Area Substance Abuse Council (CASAC)/Windsor on Saturday, November 22, 2014 from 10:00am-1:00pm and the Southern CT AFSP Chapter at the Fairfield Museum and History Center from 12:00-4:00 pm. A new video is being premiered that morning to continue the conversation.</li> </ul> <p><b><u>Evidence-Based Practice Promotion</u></b>            Block Grant Efforts</p> <ul style="list-style-type: none"> <li>• Dr. Chinedu Okeke reported that with the support of the CDC Public Health Block Grant, he is currently working with Wheeler Clinic to develop a suicide prevention training and education contract. Efforts will be coordinated with those funded by DCF with Mental Health Block Grant funds.</li> </ul> <p>Survivor Voices Training</p> <ul style="list-style-type: none"> <li>• Tom Steen reported that he and Holly Hinds trained five new people.</li> </ul>	<ul style="list-style-type: none"> <li>• The last football home game is 12/06/14 vs. SMU at Rentschler Field, East Hartford, CT. Anyone interested in volunteering at the tent can send an email to Tim Marshall <a href="mailto:tim.marshall@ct.gov">tim.marshall@ct.gov</a> or Andrea Duarte <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a> . Tim will keep the board posted on what will occur during basketball season.</li> <li>• Send pictures of the campaign to Andrea Duarte <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a> .</li> </ul> <ul style="list-style-type: none"> <li>• Contact Tom Steen for more information on the CASAC/Windsor event: <a href="mailto:tsteen@casac.org">tsteen@casac.org</a> and Anne Groener for Fairfield event <a href="mailto:anneginct@aol.com">anneginct@aol.com</a>.</li> <li>• International Survivors of Suicide Loss Day event information: <a href="http://www.afsp.org/survivorday">http://www.afsp.org/survivorday</a></li> </ul>

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<p><b>V. Member Updates</b></p>	<p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> <li>• Penny Geyer from the Office of the Chief Medical Examiner joined CTSAB and committee. The Office investigates suicides and interviews families at scenes.</li> <li>• OCME and CTSAB plan to create an information (support to clean-up) packet to give to families at the interviews.</li> <li>• Faith VosWinkel requested the Intervention-Postvention committee meet immediately after the CTSAB meeting on December 11, 2014.</li> </ul> <p>Armed Forces Committee</p> <ul style="list-style-type: none"> <li>• Committee meeting after the November 13 CTSAB meeting.</li> </ul> <p><b><u>State Plan/ National Plan</u></b></p> <ul style="list-style-type: none"> <li>• Tim Marshall reported that he and Andrea Duarte met and had minor edits. A professional will be hired to edit and produce the plan. Additional materials may be created, possibly including a quick guide, legislative brief, and other marketing materials. Collecting campaign photos to use on cover.</li> </ul> <p><b><u>Member Updates</u></b></p> <p>Student Well-Being Index Card Committee</p> <ul style="list-style-type: none"> <li>• Tim Marshall suggested that CTSAB create a guide for teachers on behalf of CTSAB. The guide can be a 5x7 laminated card with protective factors and risk factors on opposite sides.</li> <li>• Holly Hinds passed around a pocket slide with similar information that people responded well to.</li> <li>• People signed up to join a work group on the index card for teachers.</li> </ul>	<ul style="list-style-type: none"> <li>• Intervention-Postvention Committee to meet with Penny immediately following the December 11 Board Meeting.</li> <li>• For more information on the Armed Forces Committee contact Mike Dutko at <a href="mailto:michael.t.dutko.civ@mail.mil">michael.t.dutko.civ@mail.mil</a></li> </ul> <p><b><u>Student Well-Being Index Card Committee Members:</u></b>            Jean Haughey            Holly Hinds            Celeste Jorge            Rich Monterosso            Judy Murray            Jonathan Pohl            Tom Steen            Abbie Vita            Tim Marshall</p> <p>Contact Tim Marshall for information:  <a href="mailto:Tim.Marshall@ct.gov">Tim.Marshall@ct.gov</a></p>

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	<p><u>Upcoming Meetings</u></p> <ul style="list-style-type: none"> <li>• Andrea Duarte announced that we have open dates for presentations and are looking for speakers. Tim Marshall invited members to consider presenting if they have a message to share about the work they are doing.</li> <li>• Andrea Duarte suggested revising the meeting format. Meetings have typically hosted a 30 to 45 minute presentation followed by business. Members provided feedback and reached a consensus that this format remains acceptable.</li> <li>• The annual meeting will be in June to review successes, challenges and do strategic planning.</li> </ul> <p><u>New Members</u></p> <ul style="list-style-type: none"> <li>• We currently have over 215 members. A large number of people are joining our network, and a great number of those are involved.</li> <li>• New members can visit our website and view materials at <a href="http://www.preventsuicidect.org/">http://www.preventsuicidect.org/</a></li> </ul> <p>The meeting adjourned at 11:00am.</p>	<ul style="list-style-type: none"> <li>• Contact Andrea Duarte if you are interested in presenting or have a suggestion <a href="mailto:andrea.duarte@ct.gov">andrea.duarte@ct.gov</a> .</li> </ul>

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<p><b>VI. Upcoming Meetings</b></p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p><b>2014-2015 Meetings</b></p> <p>12/11/14: State Plan Discussion            1/8/15: Jennifer Glick, DMHAS Older Adult Services, Older Adult Suicide            2/5/15: Dr. Nina Heller, UCONN School of Social Work, American Association of Suicidology Psychological Autopsy            3/12/15: Mark McKinney, Faith, Spirituality and Suicide Prevention            4/9/15: Faith Vos Winkel, Office of the Child Advocate, Child Fatality Review            5/14/15: Tom Matthews, Solutions EAP, Workplace Suicide Prevention in Employee Assistance Programs            6/11/15 Annual Meeting            7/9/15 Tentative- Alternatives to Suicide Support Group Presentation  <u>Topics TBD:</u>            08/13/15            09/10/15 Awareness Month            10/08/15            11/12/15            12/10/15</p>	<p>In the event of inclement weather, the CTSAB meeting will be cancelled if Middletown Schools are closed.</p>