

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, June 12, 2014

Location: Armed Forces Reserve Center, Middletown, CT

Present: Lisa Barry (UConn Center on Aging), Lynn Biella (CT Air National Guard), Kevin Borrup (CT CMC), Rachel Bruno (Middletown Public Schools), Craig Burns (DOC), Wendy Caruso (United Way), Christine Culver (Rushford), Andrea Duarte (DMHAS), Jef Fargo (DOC), Barbara Fasulo (Saint Francis Hospital), Karen Friedmann (ABH, Inc.), Jennifer Gonzalez-Smith (Accenture Federal), Latonya Harts (Newington VA), Jean Haughey (Enfield Youth Services), Holly Hinds (Parent), Mui Mui Hin-McCormick (APAAC), Sarah Jones (Governor's Prevention Partnership), Tom Kocienda (DOC), Susan Logan (CT DPH), Tim Marshall (DCF), April McLean (UConn Health Center), Liz McOsker (JMPMF), Sarah Mucci (United Way), Chinedu OKeke (CT DPH), Yania Padilla (WPMF), Maureen Pasko (West Haven VA), Jonathan Pohl (CCSU), Andrea Relscherl (DOC), Meryl Tom (DPH), Faith VosWinkel (Office of the Child Advocate), Alysha Winiarski (Wheeler Clinic), LoriBeth W. Young (DSS).

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	Members introduced themselves, were handed agendas, and photo release forms for the pictures members had taken the month prior.	
II. Presentation: Dr. Lisa Barry, UConn Health Center Topic: Spectrum of Suicide Ideation in Older Prisoners	<p><u>Risk Factors with Older Individuals</u> Depression (Mental health) and Disability (Physical health) Disability can be a risk factor for death Geriatric individuals are harder to diagnose with depression. Older white males have highest suicide rates; Geriatric persons have higher rates of attempts that result in suicide as compared with younger groups. <u>DOC – UConn Correctional Managed Health Care (UCHC) Partnership</u> Provides healthcare to inmates and halfway houses Prisons have a large number of suicides</p> <p>Older inmates: Fastest growing segment of the prison population; have accelerated aging (physiological); cost 2 or 3X more; and will produce old parolees needing medical attention. The number of inmates age 50 and older in CT has grown 66% in the past 5 years. 1 of 4 inmates that died by suicide in CT in the past year were age >50 Suicidal Ideation (SI) – The thought of harming yourself, was seen in those who have committed suicide in prior research studies. <u>Risk Factors of Older Individuals</u> Depression, prior attempts, <i>functional disability</i> of Activities of Daily Living (ADL)</p> <ul style="list-style-type: none"> • Theory – ADL disability leads to stress from not being able to fulfill expected societal roles <p><u>AFSP Pilot Study</u> Study considers “non-conventional” risk factors for major depressive disorder and suicidal ideation in older inmates Evaluate Risk Factors for suicidal ideation in older inmates (e.g., disability in Prison ADLs such as climbing on/off the top bunk; standing in line for meds) Recruitment: Letter sent to inmates age ≥50, Submit page 2, Collect forms, Visitation form, Visitation pass, Meet and talk with inmates age ≥50; strict informed consent procedures in place as inmates are considered a vulnerable population</p>	Contact information for: Dr. Lisa Barry UConn Center on Aging 263 Farmington Ave., Farmington, CT, 06030 Phone: 860-679-6264 Email: library@uchc.edu

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	<ul style="list-style-type: none"> • 2 Male facilities and 1 female facility Depression Screening, 9 Item patient health question: PHQ-9 Geriatric Suicidal Ideation Scale: Suicide ideation, Death ideation, Loss of social worth, Perceived meaning. PADL (Prisoners activities of daily living) Form <ul style="list-style-type: none"> • Sample size of 83 inmates, average age 56.7, 33% report a prior suicide attempt (not necessarily while in prison); 37% reported poor self-rated health, 13% stated they were “better off dead”; 45% report PADL difficulty; Those with hopelessness or with no social support are more likely to become depressed.	Study can be expanded: Using detailed head injury questions Looking into the reasoning behind number of times in prison Looking into ideation before and after prison
III. Review of Minutes and Follow Up	Approved pending minor edit to the word “legislature” second to last page.	Andrea will make edit and repost on site.
IV. Updates regarding priority areas & sub-committees	<u>Awareness Update:</u> <ul style="list-style-type: none"> • 13-14 DCF Budget; spending remaining money on suicide prevention products and evaluation of them. • 1 WORD APP- you can download for free. Close to being finalized. • Donations: Band (Wolves at Bay) produced a CD and is donating proceeds to CTSAB; CTSAB received national recognition through CD press release. Seagreen Records Promoters that works with Wolves at Bay is interested in hosting a Benefit concert for the 1 WORD campaign at The Space, Hamden, CT. Working with Wheeler Clinic and United Way to provide a donation link from website. Donations will support outreach efforts. • United Way hired national firm to perform 2 focus groups, live in CT and electronic, to see if advertising/marketing campaign was successful. Live groups happening 6/23. • <u>September</u>: Suicide Prevention Awareness Month (World Day 9/10, National Week 9/7-9/13). Maureen Pasko is leading planning committee. 	CTSAB Members are asked to post September Suicide Prevention Month activities to CTSAB calendar: http://www.preventsuicidect.org/calendar/

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	<p><u>Evidence-based Practices:</u></p> <ul style="list-style-type: none"> • DPH Update: Injury Prevention Program is revived with support of the CDC Public Health Block Grant. Chinedu is working with DCF/DMHAS/CTSAB to coordinated suicide prevention efforts and contractor utilization to address state plan goals and objectives. • ASIST and Safe talk trainings are listed among the approved AFSP programs and dollars raised in CT can support CT programs. See updates. <p><u>Statewide Network Update:</u> Growing, not just in CT</p> <p><u>Sub-committees:</u></p> <ul style="list-style-type: none"> • Armed Forces: CTNG and JPMF are collaborating to provide a Military Fresh Check Day – Sunday September 7th 2014, Camp Niantic - Drill weekend. Recruits are expected to attend Fresh Check Day (Army and Air Guard, age 18-24). Exploring transportation options statewide to Niantic for other CTNG service members. This evidence-based program was developed for College Campuses and designed to engage young adults. It’s being modified to suit the military culture, while still prioritizing young adults. The CTSAB will host a tent/booth there promoting the 1 WORD Campaign. Volunteers are needed to run booths/chill out activities/ art / set-up. All volunteers must be set with security and show photo ID to enter. • Garrett Lee Smith Grant : Current grant is coming to a close 7/31. Sub-recipients are completing reports. Final report due to SAMHSA 10/31/14. DMHAS submitted a new GLS application to SAMHSA on 5/19. If funded, will start fall 2014; focus on 10-24 year-olds. Also, National Strategy for Suicide Prevention RFA released by SAMHSA focused on 25-64 year-olds. DMHAS will submit an application, due 7/16. New grants emphasize early identification, referral and follow-up, connections with healthcare and continuity of care. • Intervention-Postvention Response: Engaged Dr. James, Gill, Chief Medical Examiner, OCME to present to CTSAB 10/9/14. 	<p>If you are interested in Volunteering for the Military Fresh Check please contact Liz McOsker: liz@rememberingjordan.org Office:860-904-6041</p>
<p>V. Updates</p>	<p>Andrea reached out to the new American Foundation of Suicide Prevention (AFSP) Eastern Division Director, Melanie Varady, to invite her to join the CTSAB Network and attend the 7/10/14 meeting. CTSAB and AFSP will co-host a start-up meeting for the Northern CT Chapter immediately following the 7/10 CTSAB meeting. Ms. Varady is very supportive of state and local collaboration and would like to support our CT efforts.</p> <p>New Britain Rock Cats- Scooper Sunday- July 27. Proceeds support the AFSP and CT-specific activities.</p>	<p>Anyone interested in attending the 7/10 AFSP meeting following the CTSAB meeting should contact Melanie Varady: mvarady@afsp.org</p>

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VI. Future Meeting Dates	<p>Next Month 7/10: Barbara Fasulo, Saint Francis Hospital, Sampling of Integrated Medicine Modalities Integrative Medicine, teach self-care- meditation, gentle movement (experiential).</p> <p>8/14/14: Margaret Watt & Erika McCarthy, Southwest Regional Mental Health Board, Young Adult Program</p> <p>9/11/14: Dr. Kelly Posner, New York State Psychiatric Institute, Columbia-Suicide Severity Rating Scale</p> <p>10/9/14: Dr. James Gill, CT Office of the Chief Medical Examiner, Suicide Data</p> <p>11/13/14: Rosemary Baggish, Institute of Living, Independent Schools Study</p> <p>12/11/14: Dr. Elizabeth Schilling, UCONN Health, Signs of Suicide (SOS) High School Program Studies</p>	Meetings are held at the Armed Forces Reserve Center, 375 Smith St., Middletown, CT from 9-11AM.
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