

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, August 11, 2016

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Christina Allen (VA Hospital), MAJ Javier Alvarado (CTARNG), Jason Bannon (CA 1298), Sue Bogart (ABH/MSP), Kevin Borrup (CCMC), Heather Clinger (Wheeler Clinic), Andrea Duarte (DMHAS), Laura Durst (IOL), Barbara Fasulo (St. Francis Hosp), Jim Fox (CTARNG), Penny Geyer (OCME), Karen Hensley (ABH), Nancy Hubbard (IOL), Amanda Johnston (SERC), Celeste Jorge (DPH), Walter Krauss (UCHC Correctional Managed Health Care), Meagan MacGregor (CTARNG), Linda McEwen (CTNG), Judy Murray (D.A.N), Allyson Nadeau (Beacon Health Options), Scott Newgass (SDE), Lucy Orellano (Office of Child Advocate), Sharon Pelkey (AFSP Southern CT), Andrea Reischerl (DOC), Matt Riley (Jordan Porco Foundation), Nydia Rios-Benitez (DMHAS), Tom Steen (CASAC), Susan Tobenkin (CTARNG), Faith Vos Winkel (Office of Child Advocate), Sara Wakai (UCHC), Denique Weidema-Lewis (Positive Directions), Cheryl Weinstock (Freelance Journalist) and LoriBeth Young (DSS)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Andrea Duarte and Tom Steen welcomed the group and initiated introductions.	
II Presentation Jeanette Bilicznianski and Lorraine Santora Olson <i>The Reality of Adolescent Suicide Prevention and the Promise of Mandates</i>	Jeanette Bilicznianski’s project for the Parent Leadership Training Institute focused on suicide prevention education. She presented the findings of her project and recommendations going forward. Lorraine Olson, a teacher, social worker, and currently a school nurse in a high school in Stamford, presented on the importance of the need for increased mental health awareness among youth, parents, school staff and administration. Mental health training should be seen as just as important for staff and teachers as epi pen and mandated reporter training. To view the presentation, visit: https://www.ctclearinghouse.org/Files/customer-files/2209-Aug-2016-PLTI-presentation.pdf	
III Review of Minutes and Follow-Up	Minutes of the July monthly meeting were accepted.	

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IV Updates	<p><u>Foundations</u></p> <p>Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none"> • Community Forum on Mental Health and Suicide Prevention will be moved to later in the month of September. Details will be sent on listserv when available. <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • A youth suicide prevention forum will be held at the University of Hartford, September 13, 2016. https://www.ctclearinghouse.org/Files/customer-files/2143-Youth-Suicide-Prevention-Forum---University-of-Saint-Joseph.pdf • Paint Your Art Out in Glastonbury at Muse Paint Bar on September 10, 2016, 12:00pm—2:30pm, https://events.musepaintbar.com/index.php/welcome/edit/16996 • A percentage of sales at California Pizza Kitchen will go to the Foundation <p>AFSP</p> <ul style="list-style-type: none"> • Northern chapter board meeting is September 10, 2016 • The southern and northern chapters have Out of Darkness walks scheduled. Danbury (9/18); Bristol (9/25); Hamden (9/25); Hartford (10/15); Westport (10/23). Additional information can be found on the AFSP web site: https://afsp.org/ <p>D.A.N. (Dignity and Advocacy Network)</p> <ul style="list-style-type: none"> • An Evening with Medium Lisa D’Angelo, 6:00pm—9:00pm, Branford Fire Department, 45 North Main Street https://www.eventbrite.com/e/medium-lisa-dangelo-oconnor-connect-with-your-loved-ones-tickets-27105931571# 	
	<p><u>Committees</u></p> <p>Zero Suicide</p> <ul style="list-style-type: none"> • The committee met prior to the CTSAB meeting. Andrea Duarte reported that the September 8, 2016, CTSAB meeting will be held in collaboration with the Connecticut Hospital Association (CHA) on zero suicide. The meeting will be at CHA and registration is required. • Andrea Duarte reported that CSSD and DOC will be adopting the zero suicide model. 	

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Intervention-Postvention Response

- Tom Steen reported that materials created by the committee for the folder that goes to families after a suicide were posted to the website; AFSP copyrighted files could not be posted.
- Tom Steen indicated that new materials were ordered for the OCME packet. The Northern and Southern AFSP chapters will be splitting the cost. Celeste Jorge will check with the Office of Vital Records regarding the possibility of them funding postage for the packets.

Student Wellbeing

- Meeting will be held after today's CTSAB meeting

Data and Surveillance

- Andrea Duarte reported the committee has met twice to date and another meeting is coming up

Armed Forces Community Health Promotion Council

- Next meeting: September 22, 2016, 9:00am, Room 319K at the Reserve Center
- Major Alvarado reported the focus for October through December will be overall health and wellness. There is a sleep campaign, including brochures, posters, and a PSA by senior leadership.
- Trainings: ASIST (August 16 and 17); Postvention Training (September 13)
- The VA Summit will be held at the Reserve on September 14, 2016. This is by invite only and is at capacity.

Suicide Prevention Conference

- Andrea indicated that possible dates for a planning meeting will be sent soon.

Suicide-related Federal Grant Efforts

SAMHSA Garrett Lee Smith (GLS) Grant

- Andrea Duarte reported that two project managers have been hired for the GLS grant: Simone Powell (CHR) and Heather Spada (United Way). James Wright is the Federal project officer.

Block Grant Initiatives

- Strategic planning is occurring between DCF, DPH, and DMHAS

Legislative/Budget Updates

- Tom Steen reported that the election is critical as the legislative platform could change.
- Andrea Duarte is currently planning QPR training on September 7, 2016, at the Connecticut General Assembly for legislators and their staff. Tom Steen will be providing information to the trainers.

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<p>V Member Updates</p>	<p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> The training page on the website has been updated to include the Harvard training website and a live training link. <p><u>State Plan—State of CT Suicide Prevention Plan (PLAN-2020)</u></p> <ul style="list-style-type: none"> DPH’s State Health Improvement Plan includes suicide prevention as a priority. <p><u>Member Updates</u></p> <ul style="list-style-type: none"> Laura Durst presented information on the World Suicide Prevention Day event “Suicide Assessment: New Solutions, Old Problems” hosted by IOL on September 9, 2016. https://www.ctclearinghouse.org/Files/customer-files/2142-WSPW_Official-Flyer_2016.pdf Tom Steen informed the group that there will be a QPR TOT at CASAC on September 26, 2016, 8:30am—4:30pm. The cost is \$495 per person. Registration information will be sent via the CTSAB listserv. http://www.ctclearinghouse.org/files/customer-files/2166-QPR-TOT-FLYER-(2).pdf Tom Steen reported that he conducted a QPR TOT for EMPS managers. Meagan MacGregor indicated there will be a military wellness days on September 21, 2016, 10:00am—4:00pm, with a focus on resiliency and coping. <p>The meeting adjourned at 11:00am.</p>	
<p>VI 2016 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>Contact Andrea Duarte with suggestions for meeting presenters/topics, andrea.duarte@ct.gov</p> <p>9/8/16: Suicide Prevention Month Program—CTSAB/CT Hospital Association Zero Suicide Forum at CHA. Registration required.</p> <p>10/13/16: Mental Health and Suicide Prevention in School Based Health Centers, Meryl Tom, CT DPH and SBHC Representative</p> <p>11/10/16: Tentative—The CT Opioid Overdose Workgroup: Opioid & Naloxone-related Policy and Access Efforts, Shawn Lang, AIDS CT and Marianne Buchelli, CT DPH</p> <p>12/8/16: TBD</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: http://www.wfsb.com/category/211195/school-closings</p>