

CT Suicide Advisory Board Meeting Minutes

Meeting Date: Thursday, May 14, 2015

Location: Armed Forces Reserve Center
Middletown, CT

Present: Emily Betts (Jordan Porco Foundation), Lynn Biella (CTANG), Heather Clinger (Wheeler Clinic), Kathleen Costello (Office of Child Advocate), Ann Irr Dagle (Brian Dagle Memorial Foundation), Jessica Dilk, Andrea Duarte (DMHAS), Barbara Fasulo (St. Francis Hospital), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Patricia Graham (IOL), James Grimord, Amy Hanoian Fontana (CT Poison Control Center), Latonya Harts (Newington VA), Holly Hinds (Parent/Attorney), Amy James (DMHAS), Amanda Johnson (UCONN School of Public Health/CTANG), Amanda Johnston (SERC), Stephanie Landry (CTARNG/CASAC), Mark Lawless (West Haven VA), Tim Marshall (DCF), Tom Matthews (Solutions EAP), Diane Milo (InterCommunity), Judy Murray (D.A.N. Don't Accept No), Chinedu Okeke (DPH), Yania Padilla (Accenture Federal Services/CTNG), Jonathan Pohl (CCSU), Paula Rego (IOL), Tom Steen (CASAC), Kristina Stevens (DCF), James Sypher (CTARNG), Arnold Trasente (DCF), and Cheryl Weinstock (Freelance Journalist)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I. Welcome and Introductions	Tim Marshall welcomed the group and initiated introductions.	

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<p>II. Presentation:</p> <p>Thomas Matthews, CEAP, CPP Director, Solutions EAP</p> <p>Workplace Suicide Prevention in Employee Assistance Programs</p>	<ul style="list-style-type: none"> • Tom Matthews distributed a handout from the International Employee Assistance Professionals Association. http://www.ctclearinghouse.org/files/customer-files/1500-EAPA-Definitions-of-EAP-&-EAP-Core-Technology.pdf • EAPs can provide management consultations, trainings, conflict resolution and assist with work-life programs. Tom discussed how EAP provides confidential, free counseling services for employees and their families. It is typically three sessions per problem utilizing an assessment and referral-type model. EAP providers cannot divulge information about an employee to the employer. Human Resource departments usually know who the EAP provider is and how they can be contacted. • 4%-6% of employees will use an EAP if one is available through their employer. Tom distributed a sheet with a profile for an “average” company. http://www.ctclearinghouse.org/files/customer-files/1502-EAP-Profile-of-an-Average-Company-CTSAB-May-2015-Meeting.pdf • There was discussion about how EAP providers could possibly be a link with companies to get suicide prevention trainings into the workplace. • Information about the CT EAPA Chapter Annual Conference was distributed. The agenda and registration information can be found at this link: http://www.ctclearinghouse.org/files/customer-files/1501-CT-EAPA-Chapter-Annual-Conference.pdf 	<p>Thomas Matthews, CEAP, CPP Director, Solutions EAP 816 Broad Street, Bldg 3, Unit 27 Meriden, CT 06450 1.800.526.3485 203.379.2899 (direct) tmattews@solutions-eap.com</p>
<p>III. Review of April Minutes and Follow-up</p>	<ul style="list-style-type: none"> • April minutes accepted 	

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IV. Updates regarding priority areas & sub-committees

State Plan – State of CT Suicide Prevention Plan (PLAN-2020)

- Tim Marshall indicated that the next two products to be produced for the State Plan 2020 are an executive summary and a goals and objectives document. There still needs to be an official announcement or kick-off of the plan. The challenge with a press conference is that there is no guarantee the press will show up. Amanda Johnston suggested an announcement in September during suicide prevention week. Jim Grimord suggested that when the executive summary is completed, it should be given to counselors at the colleges and universities throughout the state.
- Tim Marshall asked the members to look at the goals and objectives where they might be actively doing work to determine ambassadors for each part.
- Andrea Duarte and Sara Wakai from the University of Connecticut Health Center are currently finalizing a survey and protocol to track the progress of the goals and objectives for the State Plan 2020. The results from the survey will inform the annual report card.

Awareness Campaign/ Website

- Andrea Duarte reported that a data page in the “Resources” section was created on the website www.preventsuicidect.org. They are currently deciding whether to create a legislation page.

Statewide Network/Foundations

Jordan Porco Foundation

- Marisa Giarnella Porco announced that the Jordan Porco Foundation will be having a Military Fresh Check Day at Camp Niantic on Sunday, June 7, 2015. This wellness festival with interactive booths will be tailored to the culture of the military.

AFSP Chapters

- Tom Steen reported that there is a training for the school-based program “More than Sad” on Saturday, June 13, 2015.
- The AFSP Advocacy Conference is the end of June in Washington, DC. Tom Steen will be attending.

The State Plan can be accessed at this link:

<http://www.preventsuicidect.org/materials/>

www.rememberingjordan.org
www.freshcheckday.com

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	<ul style="list-style-type: none">• Ann Irr Daigle discussed the AFSP Outreach program to reach out to survivors of suicide loss. They want six to eight people who would like to be trained to go out in pairs; there is an application process and brief interview.• The overnight Out of Darkness Walk is in Boston on June 27, 2015. To volunteer, visit www.afsp.org <p>The Brian T. Dagle Memorial Foundation</p> <ul style="list-style-type: none">• The foundation is hosting a music festival May 31, 2015, in Niantic. There will be interactive booths, music and food. <p><u>Evidence-Based Practice Promotion</u></p> <p>Suicide-related Federal Grants</p> <ul style="list-style-type: none">• Andrea Duare reported that there will only be 12 Garrett Lee Smith grants awarded for states/tribes; the grant is due June 2, 2015. In applying for this grant, it is the first time the state is attempting a co-direction between DMHAS, DPH and DCF. Components of the grant application include: formalizing the process between OCME, state agencies, and CTSAB and creating regional committees when there is a youth death; a focused community effort east of the river with a collaboration between the Manchester Police Department, ECHN and CHR; follow-up and continuity of care for 10- to 24-year-olds and connecting those not attending college with resources. The statewide effort would be led by United Way. <p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none">• Penny Geyer reported that there is a letter for the committee members to review prior to getting the Chief Medical Examiner's signature• The committee is meeting directly following the CTSAB meeting. <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none">• Amanda Johnston informed the board that the 5.x7 cards for teachers are being finalized. The SERC library will be putting together resources on suicide prevention.• The workgroup is meeting directly following the CTSAB meeting.	<p>www.brianshealinghearts.org</p>
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<p>V. Member Updates</p>	<p>Armed Forces Advisory Council</p> <ul style="list-style-type: none"> • Jim Grimord discussed utilizing resources available through the VFW and American Legion for suicide prevention. He will be setting up meetings with state commanders of those organizations within the next few months. • There is a meeting directly following the CTSAB meeting. <p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Tim Marshall reminded the Board that the Annual Meeting is on Thursday, June 11, 2015 at the Crowne Plaza in Cromwell. There are only 25 out of 75 spots available as of today's date. Registration is available at www.ctclearinghouse.org/registration • Amy James discussed the creation of a peer support line for EMS providers modeled after one in the Toronto, Canada area. EMS providers have an increased risk for suicide. She may be looking for assistance with training and will continue to update the board. • Jonathan Pohl reported that Central Connecticut State University (CCSU) submitted an application for the Garrett Lee Smith campus suicide prevention grant. Included in the application is training clinicians in the CT State University System and at community colleges in AMSR; QPR trainings at CCSU and for the City of New Britain; student engagement; and creating a safety net for students on campus. • Judy Murray announced a memorial event for her son on May 17, 2015, at 5:00pm at West Haven on the beach. There will be a speaker from the Hearing Voices Network. • Requests for the 1 Word table at health fairs should be directed to Tom Steen at CASAC. tsteen@casac.org • Cheryl Weinstock has been in discussions with an editor at O (Oprah magazine) regarding an article on women and suicide. She would like to speak with females between the ages of 20 and 50 with lived experience. Contact Cheryl if you have suggestions about the article. cherylpw@optonline.net • Patty Graham announced that the Institute of Living applied for the Zero Suicide Academy Conference. 	
<p>VI. Upcoming Meetings</p>	<ul style="list-style-type: none"> • Andrea Duarte indicated that in lieu of the September board meeting, board members are encouraged to attend the meeting on world suicide prevention day at the Institute Of Living. Registration will be required. More information to follow. 	<p>Contact Andrea Duarte with suggestions of presenters andrea.duarte@ct.gov.</p>

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<p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>The meeting adjourned at 10:59am.</p> <p>2015 Meetings</p> <p>6/11/15: CTSAB Annual Meeting, Crowne Plaza, Cromwell</p> <p>7/9/15: Martin Burke & Hilary Bryant, Advocacy Unlimited, Alternatives to Suicide Support Group</p> <p>8/13/15: Judy Murray, Don't Accept No</p> <p>9/10/15: World Suicide Prevention Day; Institute of Living program with Victor Schwartz, MD, Jed Foundation. More info to follow.</p> <p>10/08/15: TBD</p> <p>11/12/15: Helen Evrard, MD, Depression and Suicide: One Physician's Lived Experience</p> <p>12/10/15: TBD</p>	
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