



CT Suicide Advisory Board
Armed Forces Reserve Center, 3rd floor
375 Smith Street, Middletown, CT

March 9, 2017

9:00-11:00 AM

AGENDA

- I. Welcome & Introductions
- II. Presentation:
 - Megan Simonian and Victoria Ballet, Students of Farmington High School and Chris Brennan, Instructor at JEKL, Plainville, *Suicide Prevention Fitness Fundraiser Focused on Fostering Mental, Emotional and Physical Empowerment.*
 - Brad Cole and Spartacus, and Jennifer Adams and Gizmo (1 WORD Mascot), K9 First Responders, *Psychological Trauma Stress Management*
- III. Review of Minutes and Follow-up
- IV. Updates
 - Foundations
 - Committees
 - Armed Forces-Community Health Promotion Council
 - Data and Surveillance
 - Intervention-Postvention Response
 - Lethal Means
 - Student Wellbeing
 - Zero Suicide
 - Suicide-related Federal Grants- updates and new NSSP application
 - Legislative/Budget Updates: LOB Hall week of 4/3; AFSP Advocacy Day 4/5
 - Awareness Campaign/Website- new products and materials
 - State Plans- PLAN 2020 and SHIP coordination
 - National Prevention Week- Regional events; Conference 5/15; Suicide Prev Day 5/19
- V. Member Updates
- VI. 2017 Meeting Schedule: Meetings are held monthly the **second Thursday** from **9-11 AM** at the **Armed Forces Reserve Center, 375 Smith St., Middletown, CT.**

Dates/Presentations:

- 4/13/17: Catherine Ewing, LCSW, MDIV, Transformational Life Coach, *Healing from Trauma and Loss*
- 5/11/17: Chief Marc Montminy, Manchester Police Department, *Manchester HOPE Initiative (Heroin/Opioid Prevention and Education)*
- 6/8/17: TBD
- 7/13/17: Jonathan Pohl, *Central CT State University, Campus GLS Grant*
- 8/10/17: MaryKay Wishneski, *Sandy Hook Promise Know the Signs Programs*
- 9/14 (Nat'l Suicide Prevention Week), 10/12, 11/9, 12/14. Topics TBD