

## CT Suicide Advisory Board Meeting Minutes

**Meeting Date:** Thursday, October 8, 2015

**Location:** Armed Forces Reserve Center,  
Middletown, CT

**Present:** Christina Allen (VA Hospital), Maj Javier Alvarado (CTARNG), Paloma Bayona (NAMI-CT), Rayallen Bergman (SERAC), Jayne Bonner (DSS), Ron Brone (DCF), Martin Burke (Advocacy Unlimited), Kim Cerullo (Office of Child Advocate), Heather Clinger (Wheeler Clinic), Elaine Crane (St. Francis Hospital), Ann Irr Dagle (Brian Dagle Memorial Foundation), Jessica DeFlumer-Trapp (DMHAS), Andrea Duarte (DMHAS), Amanda Durante (UCHC), Michael Dutko (CTARNG), Amy Evison (CHR), Helen Evvard (Wordifference), Luigina Facchini (CTNG), Barbara Fasulo (St. Francis Hospital), Liz Feder (DCF), Penny Geyer (OCME), Marisa Giarnella Porco (Jordan Porco Foundation), Patricia Graham (IOL), Frank Gregory (DCF), Karen Hensley (ABH), Nancy Hubbard (IOL), Amanda Johnson (UCONN SPH), Sarah Jones (SERC), Walter Krauss (UCHC), Greta MacMillan (DMHAS), Chris McCarty (CTARNG), James McGinn (Family Centers), Hope Mitchell (DSS), Rich Monterosso (Enfield Public Schools), Chinedu Okeke (DPH), Elaine Pratt (St. Francis Hospital), Maureen Quinn (ABH), Diane Reese (DCF), Andrea Reischerl (DOC), Nydia Rios-Benitez (DMHAS), Michael Scanlon (ABH), Stan Schapiro (CHR), Carl Schiessl (CT Hospital Assn.), Kathy Schiessl (CHR), Joan Segal (UCHC), Elly Stout (SPRC), James Sypher (CTARNG), Trisha Vayda (Assn. of School Nurses of CT), Faith Vos Winkel (Office of Child Advocate), and Paul Zakarian (ABH)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Tim Marshall welcomed the group and initiated introductions. Andrea Duarte indicated that the Connecticut Learning Community for Zero Suicide in Health and Behavioral Health Care met prior to the CTSAB meeting.	
<p>II Zero Suicide Initiative at the Institute of Living/Hartford Hospital</p> <p>Nancy Hubbard, Outpatient and Rehabilitation Services, Family Resource Center, and Access Mental Health CT Director, Institute of Living/Hartford Hospital</p> <p>Patricia Graham, Family Resource Center Case Worker, Mental Health First Aid Case Coordinator, Behavioral Health Network Employees' Chair, Institute of Living/Hartford Hospital</p>	<p>Patty Graham presented that zero suicide is the commitment to suicide prevention in behavioral health and health care system with a specific set of tools and strategies. She indicated that the word "zero" has been a challenge among staff at the Institute of Living (IOL) and the zero suicide approach should be seen as an aspiration and not a goal. In the self-assessment at the IOL, 39% of the staff feel they are not trained/prepared to assess for suicide risk. The assessment raised the question as to what training is available for non-clinical staff. Patients needs to be screened at every visit and each time there is a change in status.</p> <p>Nancy Hubbard reported that the zero suicide team at IOL has had over a dozen meetings thus far. She also indicated that there was pushback among staff regarding "zero." The next steps include a letter to the organization introducing zero suicide, an organizational assessment, an anonymous survey among clinical staff to assess their knowledge and needs regarding suicide and suicide assessment, and the selection of ZSAT champions from each department.</p> <p>Presentation: <a href="http://www.ctclearinghouse.org/files/customer-files/1718-CTSAB-Zero-Suicide-Powerpoint-10-8-2015-(no-notes).pdf">http://www.ctclearinghouse.org/files/customer-files/1718-CTSAB-Zero-Suicide-Powerpoint-10-8-2015-(no-notes).pdf</a></p>	<p>Zero Suicide in Health and Behavioral Health Care:</p> <p><a href="http://www.zerosuicide.com">www.zerosuicide.com</a></p>
III Review of Minutes and Follow-Up	Minutes of the August monthly meeting were accepted.	

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IV Updates	<p><b><u>Foundations</u></b></p> <p>Northern AFSP Walks</p> <ul style="list-style-type: none"> <li>• AFSP website: <a href="http://www.afsp.org">www.afsp.org</a></li> <li>• October 17: Hartford Area Walk, Great River Park, East Hartford</li> <li>• October 24: Bristol Walk, Rockwell Park</li> </ul> <p>Southern AFSP Walks</p> <ul style="list-style-type: none"> <li>• October 10: Westport Walk, Sherwood Island State Park</li> <li>• October 25: Madison Walk, Hammonasset State Park</li> </ul> <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> <li>• The first national Fresh Check Day was held at Texas Christian University; since 2012, there have been 50 Fresh Check Days in six states.</li> <li>• Marisa Giarnella Porco informed the board that a nationwide press release is being sent out on the “First-Year College Experience” survey that was conducted by The JED Foundation, Partnership for Drug Free Kids and The Jordan Porco Foundation. <a href="http://www.ctclearinghouse.org/files/customer-files/1719-First-Year-College-Experience-Survey-Press-Release---FINAL-2.pdf">http://www.ctclearinghouse.org/files/customer-files/1719-First-Year-College-Experience-Survey-Press-Release---FINAL-2.pdf</a></li> </ul> <p>Brian Dagle Memorial Foundation</p> <ul style="list-style-type: none"> <li>• Ann Irr Dagle thanked Andrea Duarte and Leah Nelson for speaking at the “Keep the Conversation Going” forum in East Lyme.</li> </ul> <p><b><u>Committees</u></b></p> <p>Zero Suicide</p> <ul style="list-style-type: none"> <li>• There will be a meeting at 8:00am on November 12 prior to the CTSAB meeting.</li> </ul> <p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> <li>• Penny Geyer reported that the letter from the Chief Medical Examiner is complete and the packets will be completed.</li> </ul> <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> <li>• Tim Marshall indicated that the resource card for teachers with risk factors and resiliency is under development. It was realized when the resource card was being created, there is a need for other materials including a letter to administrators and posters.</li> <li>• The next meeting is to be determined.</li> </ul> <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> <li>• Major Alvarado shared that the Center for Deployment Psychology has offered to come to Connecticut. There are four ASIST trainings scheduled and four postvention trainings scheduled. The Guard is also exploring a peer to peer program.</li> <li>• The next meeting is scheduled for November 12 after the CTSAB meeting.</li> </ul>	

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	<p><b><u>Suicide-related Federal Grant Efforts</u></b>            SAMHSA Garrett Lee Smith (GLS)</p> <ul style="list-style-type: none"> <li>• Andrea Duarte reported that the state received the GLS grant. DMHAS, DCF and DPH are collaboratively co-directing the grant. This is an intensive community-based effort in Manchester including CHR, Manchester Police Department, ECHN and the school system.</li> </ul> <p>SAMHSA Partnerships for Success (PFS)</p> <ul style="list-style-type: none"> <li>• Andrea Duarte indicated that the prevention system at DMHAS has been reprocurd to integrate mental health and substance use prevention. DMHAS received the Partnerships for Success (PFS) grant integrating mental health and substance use prevention.</li> </ul> <p>DPH Public Health Block Grant</p> <ul style="list-style-type: none"> <li>• There will be a focus on means restriction. Chinedu Okeke, Tim Marshall, and Andrea Duarte met with United Way to use data to prioritize high-risk areas such as parks, bridges and railways.</li> <li>• Tim Marshall reported that they are in the early stages of researching what other states have done with suicide prevention and firearm dealers to perhaps do something in CT.</li> </ul> <p><b><u>Awareness Campaign/Website</u></b></p> <ul style="list-style-type: none"> <li>• An ad has been purchased for the UCONN home football game program and gives CTSAB the opportunity to have a tent outside before the game to distribute materials.</li> <li>• An ad will also be taken out in the UCONN men’s and women’s basketball programs.</li> <li>• Ads will also be in 12 Big Y stores in the state.</li> </ul> <p><b><u>State Suicide Prevention Plan (PLAN-2020)</u></b></p> <ul style="list-style-type: none"> <li>• Tim Marshall thanked the Armed Forces Reserve Center for hosting the 9/8/15 event with Major Graham and his wife. At this event, the state plan was also released. Andrea Duarte said that the state legislators who were there expressed an interest in doing more.</li> <li>• 191 legislators received the state plan in their box and electronically and they were encouraged to join the network of care.</li> <li>• The survey protocol is in place according to Sara Wakai and the functionality of the survey is currently being tested. The survey will be send to the CTSAB and CHCI lists. Tim Marshall reminded the board that this survey is an attempt to get information on the activities done throughout the state and will be used for an annual update to the survey.</li> </ul>	

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V Member Updates	<p><b><u>Member Updates</u></b></p> <ul style="list-style-type: none"> <li>• Richard Monterosso reported that the Enfield Town Council has approved two additional social workers to partner with the schools. They will work with schools after an attempt and follow up with the student and family. There is a crisis response team for untimely deaths in the town.</li> <li>• Paloma Bayona announced that NAMI-CT is applying for a grant for school professionals.</li> <li>• Barbara Fasulo reported that St. Francis Hospital will be implementing suicide prevention trainings.</li> </ul>	
<p>VI 2015 Meeting Schedule</p> <p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p>	<p>12/10/15: Gabriel Lomas, WestConn, CT Regional Crisis Team—Response with School Systems, NOVA Model</p>	<p><i>In the event of inclement weather</i>, the CTSAB meeting is cancelled if Middletown Schools are closed. If they have a delay, the meeting will still take place. Here is a link for closings and delays: <a href="http://www.wfsb.com/category/211195/school-closings">http://www.wfsb.com/category/211195/school-closings</a> .</p>