

CTSAB Meeting Minutes



Meeting Date: Thursday, August 13, 2015

Location: Armed Forces Reserve Center,
Middletown, CT

Present: Christina Allen (VA Hospital), Paloma Bayona (NAMI-CT), Claire Bien (The Connection), Wendy Caruso (United Way of CT-2-1-1), Heather Clinger (Wheeler Clinic), Kathleen Costello (Office of the Child Advocate), Elaine Crane (St. Francis Hospital), Ann Irr Dagle (Brian Dagle Memorial Foundation), Jessica Dilk, Andrea Duarte (DMHAS), Michael Dutko (CTARNG), Barbara Fasulo (St. Francis Hospital), Marisa Giarnella Porco (Jordan Porco Foundation), Jennifer Glick (DMHAS), Patricia Graham (IOL), Amy Hanoian Fontana (CT Poison Control Center), Latonya Harts (Newington VA), Kit Hastings-Kort (United Services, Inc), Andrew Horclick (YAS Willimantic), Nancy Hubbard (IOL), Amanda Johnston (SERC), Walter Krauss (UCHC), Judy Murray (D.A.N.), Allyson Nadeau (Value Options) Chinedu Okeke (DPH), Alexandria Pizzola (Northwest CT AHEC), Paula Rego (IOL), Matt Riley (Jordan Porco Foundation), Tom Steen (CASAC), Susan Tobenkin (CTARNG), Meryl Tom (DPH), Arnold Trasente (DCF), Faith Vos Winkel (Office of Child Advocate), Denique Weidema-Lewis (RYASAP) and Cheryl Weinstock (Freelance Journalist)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
I Welcome and Introductions	Andrea Duarte welcomed the group and initiated introductions.	
<p>II Judy Murray, RN, Mental Health Advocate, Founder of D.A.N. (Dignity and Advocacy Network) and Hearing Voices Network Facilitator</p> <p>Claire Bien, M.Ed., Associate Director of Communications at The Connection; President, NAMI Elm City; Voice Hearer, Hearing Voices Network Facilitator and Survivor</p>	<p>Judy Murray shared the personal story of her son Dan who was misdiagnosed throughout this life with different mental health disorders and heard voices for approximately 20 years. Dan died by suicide in May 2014. Judy then founded the Dignity and Advocacy Network, which is dedicated to promoting mental health, preventing mental conditions and achieving victory over mental health issues and addictions through advocacy, education, research and service. www.dignityandadvocacynetwork.org</p> <p>Claire Bien shared her personal story of hearing voices beginning at age 31. Both Claire and Judy discussed the Hearing Voices Network, which has been in the United States for 10 years and in Connecticut for 1 year. The network is built upon the model of self-help, mutual support and acceptance. The approach is to accept the voices are real and have meaning, whether metaphorically or literally.</p>	<p>D.A.N. http://www.ctclearinghouse.org/files/customer-files/1666-D.A.N..pdf</p> <p>An article from <i>The Hour</i> on the Hearing Voices Network: http://www.ctclearinghouse.org/files/customer-files/1668-The-Hour-article-HVN.pdf</p>
III Review of Minutes and Follow-Up	Minutes of the July monthly meeting were accepted.	

CTSAB Meeting Minutes



AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
IV Updates	<p><u>Foundations</u></p> <p>Northern AFSP Walks</p> <ul style="list-style-type: none"> • Tom Steen indicated that the walks are listed on the AFSP website: www.afsp.org 50% of the money raised stays in the state. • October 17: Hartford Area Walk, Great River Park, East Hartford • October 24: Bristol Walk, Rockwell Park <p>Southern AFSP Walks</p> <ul style="list-style-type: none"> • October 10: Westport Walk, Sherwood Island State Park • October 25: Madison Walk, Hammonasset State Park <p>Jordan Porco Foundation</p> <ul style="list-style-type: none"> • Save the Date for the Gala, April 7, 2016 <p><u>Committees</u></p> <p>Zero Suicide/Workforce Committee</p> <ul style="list-style-type: none"> • Nancy Hubbard from Institute of Living reported that there will be a Grand Rounds presentation on Zero Suicide for clinical staff. To date, there have been eight meetings with leadership and administration. • Andrea Duarte has reached out to the Connecticut Hospital Association for their support. St. Francis Hospital is also interested. <p>Intervention-Postvention Response Committee</p> <ul style="list-style-type: none"> • Meeting after CTSAB. • Tom Steen indicated that the committee will be reviewing drafts for the packet to be distributed by the Office of the Chief Medical Examiner and RACs. <p>Student Wellbeing Workgroup</p> <ul style="list-style-type: none"> • Amanda Johnston reported that the card is almost finalized and the group is currently working on a companion guide to go with the card. <p>Armed Forces Advisory Panel</p> <ul style="list-style-type: none"> • Major General Graham and his wife will be speaking at an event at the Armed Forces Reserve Center September 8, 2015. Yania Padilla thanked the following sponsors: CTSAB, AFSP, Military Support Program, Jordan Porco Foundation and Wheeler Clinic. 	

CTSAB Meeting Minutes



AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
	<p><u>Suicide-related Federal Grant Efforts</u></p> <ul style="list-style-type: none"> • Andrea Duarte reported that SPRC approached CT to go in with them for a Department of Defense grant. United Way would be the local nonprofit if SPRC gets the grant. • SAMHSA recently approached DMHAS for a higher level of details for the GLS grant. • DPH did not get the opioid grant. <p><u>Awareness Campaign/Website</u></p> <ul style="list-style-type: none"> • The 1Word campaign is on a digital billboard through September. <p><u>State Suicide Prevention Plan (PLAN-2020)</u></p> <ul style="list-style-type: none"> • Andrea Duarte indicated that the plan will be released at the 9/8/15 event at the Armed Forces Reserve Center. Commissioners have been invited to attend. • The survey protocol is in place and the survey is about to be piloted. 	
V Member Updates	<p><u>Member Updates</u></p> <ul style="list-style-type: none"> • Tom Steen reminded QPR instructors that the QPR Institute website has been updated and there are new videos available. • Andrea Duarte informed members that Kevin Hines will be in New York in October. He has moved to Atlanta, Georgia and his schedule is being managed by his wife, thereby allowing for reduced fees. • Judy Murray announced the East Haven Hearing Voices Network launch event on September 21, 6:00pm—7:00pm, across from 161 Cosey Beach Ave, East Haven http://www.ctclearinghouse.org/files/customer-files/1667-East-Haven-HVN.pdf 	
VI 2015 Meeting Schedule	<p>9/10/15: World Suicide Prevention Day, Institute of Living program with Victor Schwartz, MD, Jed Foundation. Hartford Hospital Education Resource Center. More info to follow. Registration will be required.</p> <p>10/08/15: Zero Suicide Academy, Nancy Hubbard and Patty Graham, IOL</p> <p>11/12/15: Helen Evrard, MD, Depression and Suicide: One Physician’s Lived Experience</p> <p>12/10/15: Gabriel Lomas, WestConn, CT Regional Crisis Team-Response with School Systems, NOVA Model</p>	<p>Meetings are the second Thursday of the month, 9:00am—11:00am</p> <p>MG Maurice Rose Armed Forces Reserve Center 375 Smith Street Middletown, CT 06457</p> <p>Save 2nd Th. in 2016 for CTSAB!</p>