

CT Suicide Advisory Board Meeting Minutes

Meeting Date: December 12, 2013

Location: Reserve Center, Middletown, CT

Present: Maureen Pasko (VA Healthcare), Tim Marshall (DCF), Andrea Duarte (DMHAS), Dr. Nina Rovinelli Heller (UConn School of Social Work), Mary Drexler (Connecticut Council on Problem Gambling), Dr. Sara Wakai (UHC), Faith VosWinkel (OCA), Rich Monterosso (Enfield Public Schools), Barbara Fasulo (Saint Francis Hospital), Dr. Jonathan Pohl (CCSU), Lovelyn Bogle (DMHAS), Tom Steen (CASAC), Denique Weidema-Lewis (RYASAP), Sandy Lomonico (VA Healthcare), Mary Cummings (DCF), Dr. Chinedu O’Keke (DPH), Meryl Tom (DPH), Mui Mui Hin-McCormick (Asian Pacific American Affairs Council), Celeste Jorge (DPH), Corrine King (Wheeler Clinic)

AGENDA ITEM/TOPIC	SUMMARY OF DISCUSSION	OUTCOME / ACTION/RESPONSIBLE
<p>IV. Updates: Awareness Campaign</p>	<p>Website:</p> <ul style="list-style-type: none"> • New means restrictions section regarding locking prescription drugs and safe disposal and fire arms. • Jeanette will develop a mobile version of the website <p>App:</p> <ul style="list-style-type: none"> • Jeanette would like to develop an app. She will need some guidance on if it should be for clinicians or gatekeepers. <p>Materials:</p> <ul style="list-style-type: none"> • Reusable shopping bags are available • There will be new materials for the January meeting, including: mouse pad, backpack, chapstick, stick books • Andrea will be ordering new print materials after conducting a needs assessment of what people would like and need additional quantities of. <p>Evaluation</p> <ul style="list-style-type: none"> • Jeanette is looking to contract with a marketing company to conduct an evaluation of the awareness campaign. <p>Video</p> <ul style="list-style-type: none"> • Tom has a Drop Box with Video file, can’t be emailed. • Get Spanish version on website • Put drop box link on website <p>Calendar</p> <ul style="list-style-type: none"> • IOL is looking to host Kevin Hines again in September, along with many other agencies and colleges 	<p>Andrea will send Nina the latest means restriction data to include in the state plan.</p> <p>Andrea will connect with Dr. Roberts at CCMC</p> <p>Tim will recruit volunteers for assistance with the app development.</p> <p>Tim (and Jeanette) will contact JMPMF to learn about their progress in app development</p> <p>Andrea will order new materials after first conducting a needs assessment to determine need</p> <p>Tim will follow up and report on the evaluation of the awareness campaign</p> <p>Tim and Andrea will work to updated the website with the latest videos and links</p>

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<p>II. Presentation Dr. Nina Heller - Update on Revisions of the CT Suicide Prevention Plan</p>	<p>Dr. Heller PPT: http://www.ctclearinghouse.org/files/customer-files/843-Update-on-state-plan-12.12.13.pptx</p> <ul style="list-style-type: none"> • How long should the plan last, currently it the end date is 2020 (6 years) to align with the Healthy People 2020 • Annual review/update with a work plan is recommended each year • Need to learn how DPH Injury Plans align • Discussion of Name: CT-SSPP 14, "The Plan", or "The Plan 2014/2020" • The name CT-SSPP only accounts for prevention not intervention and postvention • Add family into Intro • Special populations missing: Domestic Violence, Gambling, College populations • The following special populations are included in the state plan and Nina needs additional information from the people listed below or their designee. Information will be gathered through interviews before Jan 2014 <ul style="list-style-type: none"> ○ Youth: Rich Monterosso, Faith VosWinkel, Celeste Jorge, Mary Drexler, Sandy Lomonico, Robin McHaelen, Marisa Giarnella Porco ○ Young Adult: Sandy Lomonico, Jonathan Pohl, Dave Denino, Robin McHaelen ○ Middle Age: Tom Steen, Barbara Zullo, IOL ○ Older Adult: Lisa Barry, Andrea will find someone through DMHAS older adult program ○ LGBTQ: Robin McHaelen ○ Military: Major Alvarado, Maureen Pasko, Barbara Zullo ○ Criminal Justice: Nina knows of someone, Maureen Pasko, Andrea will ask CSSD (John Chapman), Ron Thompson, Lisa Barry ○ MI/SA: (There is discussion of making this two categories and changing SA to addiction) Tom Steen,), Mui Mui Hin-McCormick ○ Domestic Violence 	<p>DPH representation will look into how the state plan align with any injury plans</p> <p>Nina will conduct interviews with experts on each special population that is included in the plan before Jan 2014</p> <p>Those individuals who said they would find someone to serve as an expert will need to get Nina their names and contact information</p> <p>Faith will give Sara and Nina data on Domestic Violence from the State Police</p>

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	<ul style="list-style-type: none"> ○ Disabilities (not MH): Meryl Tom, Second Thought- Cathy Ludlowe, Nina Heller, Mary Drexler ○ Asian: Mui Mui Hin-McCormick, Meryl Tom ○ Latin@: Paloma Bayona, Sandy Lomonico ○ Native American: Andrea will find someone, Mary will find someone ● Tri-Chair- the rotating 3rd Chair should be included in the state plan 	
<p>IV. Updates on Priority Areas and Sub-Committee</p>	<ul style="list-style-type: none"> ● Statewide Network and CTSAB Structure: structure still needs to be established for meetings, tri-chair, listserv. Will be tabled for next month’s meeting. Ideas to consider: steering committee/work group, Network of Care vs. CTSAB Member, governance structure development ● Inclement Weather Policy for CTSAB Meetings <ul style="list-style-type: none"> ○ Meeting is canceled if school in Middletown is canceled. ○ Meeting is on if there is a delayed in the Middletown school system ○ Use your best judgment ● Evidence-Based Practice Promotion <ul style="list-style-type: none"> ○ Intervention-Postvention- fatality-based review a consideration to be voted on next week at OCME, considering disseminating info packets in untimely death situations, response network still in development through DCF 	
<p>V. 2014 Meeting Schedule - 2nd Thursday of each month, 9-11 AM, Armed Forces Reserve Center</p>	<ul style="list-style-type: none"> ● 1/9/14- “Let’s Erase Stigma” video presentation ● Move 4/10 meeting date to 4/3 due to AAS ● Cancel 5/8 meeting due to GLS wrap up event on 5/1. Save the Date for morning event. 	

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2014 Meeting Dates	<ul style="list-style-type: none">• 2/13/14: Lisa Barry, UCHC, Spectrum of Suicide Ideation in Older Prisoners• 3/13/14• 4/10/14• 5/8/14• 6/12/14• 7/10/14• 8/14/14• 9/11/14• 10/9/14• 11/13/14• 12/11/14	<ul style="list-style-type: none">• Inclement Weather Policy for CTSAB Meetings<ul style="list-style-type: none">○ Meeting is canceled if school in Middletown is canceled.○ Meeting is on if there is a delayed in the Middletown school system○ Use your best judgment
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